

ENGLEWOOD

CITIZEN

SPRING 2018 | CITY MAGAZINE & RECREATION GUIDE

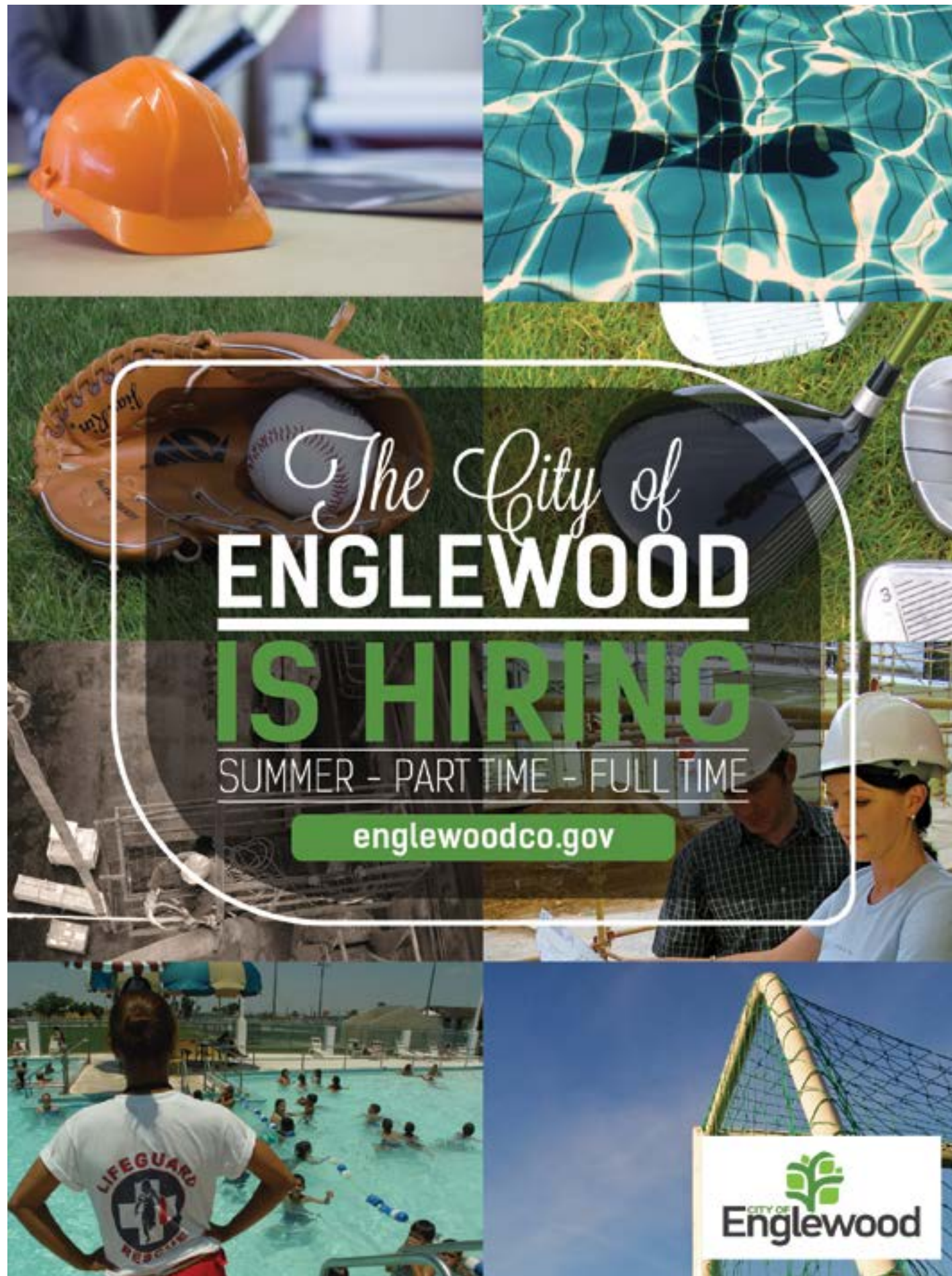
Flush Forward

Sustainability in Englewood


From City to Citizen

Creating Tradition by Honoring Veterans

Recreation Guide



The City of
ENGLEWOOD
IS HIRING
SUMMER - PART TIME - FULL TIME
englewoodco.gov



Thanks for all the Fun!
HOLIDAY EXPRESS 2017 AT BELLEVUE





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JOE JEFFERSON
FORMER MAYOR
OF ENGLEWOOD



As a new year turns to spring, we all look forward to new beginnings. Changes in leadership on our City Council are creating renewed focus and energy. I am genuinely optimistic in the future of Englewood. As many of you know, I am resigning as our Mayor and Council Member from District 1 due to my recent election as Englewood Municipal Judge. I will be replaced by a new representative from District 1 and a Council Member will be elected Mayor by our Council.

I am very proud of the work that our City Council, management and staff have accomplished over the years to strengthen our neighborhoods and economy. We have made great strides to improve the perception of our community as a desirable place to live and work. Englewood is blessed with a uniquely high quality of life, including our bustling business community, innovative school districts, distinctive community history, world-class cultural arts, wonderful natural resources, renowned recreational amenities and so much more.

As your presiding judge, I will have a very different role, but one that serves an equally important function in our community. Our judge oversees the Englewood Municipal Court that is established by Charter, and it is the only elected municipal judge in Colorado. This accountability ensures local trust in our judicial system. Our court has jurisdiction over Charter and Municipal Code issues, and must carry out its functions with professional efficiency and service.

One of the court's primary functions is to deter and punish crimes. This helps create, define and enforce social norms through a legal public process. However, our court also has a restorative function. On an individual level, this is accomplished with interventions for individuals who find themselves on self-destructive, violent or harmful paths. Our goal is not just to punish crimes, but also to refocus an individual on education, personal responsibility and rehabilitation. On a community level, this restorative function provides opportunities for victims to play a meaningful role in the legal process, including sentencing and also provides opportunities for the defendants to make restitution and reduce social fears among neighbors, in order to strengthen our community bonds. As Judge, I want to explore opportunities for expanding constructive community service generally, with a particular focus on those that provide meaningful restorative opportunities and youth participation.

Thank you all for being a part of the same community that I'm proud to call home. Our people and our relationships are what define us as a small town in the big city. Your combined engagement and contributions to our community as a resident, business, employee or friend are what make Englewood so great.

As always, I invite your comments, questions, or concerns by e-mail or phone.

Respectfully,

Joe Jefferson, Former Mayor and Presiding Municipal Judge
jjefferson@englewoodco.gov • 720-373-5639

CITY COUNCIL



Vacant
District 1



**Mayor Pro Tem
Rita Russell**
District 4
303-639-6181



**Laurret
Barrentine**
District 3
303-806-8097
303-883-6495



Linda Olson
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Amy Martinez
At Large
720-238-3959



Dave Cuesta
District 4
720-634-6133



Cheryl Wink
At Large
720-409-0876

CHERYL WINK
COUNCIL MEMBER
AT LARGE



It is a privilege and honor to serve you, the residents of Englewood, Colorado. Thank you! Principled, servant leadership requires an open heart and mind to first strive to understand, then try to be understood. Yearning to learn and understand are the pinnacle of making informed and prudent decisions regardless of context or topic.

What I understand to be true is to accomplish our community's goals we must be accountable, transparent, candid and respectful. I am, and we are, a council made up of average citizens who just want to do what's best for the entire populace. That said, predicting outcomes and measuring the effect of actions in the community is a discipline that I bring to the council chambers.

*Yearning to learn and understand are the
pinnacle of making informed and prudent
decisions regardless of context or topic*

There are immutable characteristics inherent in the goals previously mentioned. In order for me to be most effective, I pledge to be available, to learn which areas of the City's services can best meet an individual's needs, and to improve upon the processes. To be courteous and respectful, we need to exemplify that behavior in our own lives, between council members, and with our citizens.

High functioning teams and sustainable organizations are built on nothing less than each member bringing their very best to the table to solve problems for the betterment of the community. Each pitches in as they are able – citizen, City staff, and Council – for the overall well being of our great community, Englewood, Colorado.

Again, thank you for the opportunity to serve you. It is an honor.

Cheryl Wink, Council Member at Large
cwink@englewoodco.gov • 720-409-0876

DAVE CUESTA
COUNCIL MEMBER
DISTRICT 4



On December 12, 2017, the City broke ground on Englewood's new Police Headquarters. Constructed in 1972, the current building served its purpose well for several decades, but its best days are now behind it. The shortcomings of the current police headquarters include a leaky roof and walls, insect infestations, inadequate evidence storage and office space, poor locker rooms and training areas, unsecured parking lots, and only two usable holding cells, leading to overcrowding and safety risks.

One of the more compelling reasons a new headquarters is needed involves the station's only closed interview room that shares a wall with two holding cells. This poor design has led to suspects overhearing interviews, which is not conducive to witness confidentiality.

The new Police Headquarters will resolve all these issues, and more! It will be ADA compliant, far more energy efficient, and better support data, voice and other communication applications. And, a new security systems will improve safety for the public, police officers, and those who are detained.

The new building is funded by a \$27 million bond measure that passed by Englewood voters with almost 60% support in November 2016. It's estimated that the bond will cost homeowners \$2.00 per month for each \$100,000 in home value. Tax increases are rarely popular, so it speaks to the character of Englewood citizens that this measure passed with such strong support.

I would like to extend deep thanks to my Englewood neighbors for investing in public safety infrastructure and providing a 21st century workplace for the brave officers of Englewood that safeguard our wonderful city everyday. I would also like to express profound gratitude to all the members of the Englewood Police Department for the phenomenal, and often, thankless diligence they show in performing their admirable and critical duties.

The new Englewood Police Headquarters is a true win for everyone in the community.

Dave Cuesta, Council Member, District 4
dcuesta@englewoodco.gov • 720-634-6133

COUNCIL'S CORNER



Sustainability. This is one word that conjures a variety of emotions and has different meanings depending on who you ask. For the City of Englewood, sustainability means the assurance of a successful tomorrow.

Our community has been diligently and quietly working to build a balance between the economy, environment, and our residents. Whether it has been the move toward the use of biofuels, the agreement to work with Xcel's Partners

in Energy Program, or the plan to recapture methane and other resources at our wastewater treatment plant, Englewood has been hard at work setting the groundwork to become even more energy efficient well into the future.

These decisions make sense for a variety of reasons:

- Economically, we expect to see a reduction in our operational expenses;
- Environmentally, as we reduce our carbon footprint, we're in a better position to enhance, rather than detract, from our natural environment;
- Socially, we know that these efforts align with the constituency of our community, which is made up of people who are passionate about ensuring a bright future.

This edition of the Englewood Magazine is all about sustainability. Inside, you will see an update on the Xcel Partners in Energy program as well as hear about the plans to recapture biogas at the Littleton-Englewood Wastewater Treatment Plant. There are some very exciting projects proposed for 2018, including the plan to work with City Council to create a financial sustainability strategy. Stay tuned, stay informed and be engaged!

Thank you for reading and for your feedback on how to make the Englewood Citizen magazine even better.

Eric A. Keck, *City Manager*
ekeck@englewoodco.gov • 303-762-2310

ENGLEWOOD CITIZEN

CITY MAGAZINE & RECREATION
GUIDE SPRING 2018

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Pipes on the exterior of the
Digester Complex at the
Littleton/Englewood Wastewater
Treatment Plant, taken by **Jenifer
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of Business Administration and
Communications.



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Please recycle me!



Photo: Ryan Burke

CREATING TRADITION BY HONORING VETERANS

This Memorial Day, the Englewood Historic Preservation Society will host the Englewood Veterans Memorial at Englewood High School for the first time since Kay Howard started the event in 2015.

Kay built the event from the ground up, by first installing a 3-ton Colorado Rose Granite monument stone at the high school in 2014 and then producing three Memorial Day events to honor veterans.

The first event, in 2015, honored WWII veterans. In 2016, the event honored Korean War veterans and in 2017, Vietnam veterans were honored at the event.

Kay credits former Englewood Schools Superintendent Brian Ewert for his cooperation and support in installing the monument stone and pavers at Englewood High School.

She is also grateful for the event's benefactor Colonel Douglas Russell Hole (EHS class of 1959). Doug, who lives in Annapolis, MD, was interested in hearing more about Kay's idea to create a monument,

so he and his wife visited Kay twice. After their second visit, Kay received a check for \$20,000 in the mail.

Over the years, Kay worked hard, with the help of Ida May Nicholl, to raise roughly \$60,000 toward the monument project and Memorial Day event.

In 2015, Kay was honored with the "Citizens Award" from the Daughters of the American Revolution and in 2016, she received the "Proud to Be an American" award from the American War Veterans Post.

After all her years of hard work in making the event a success, the Englewood Historic Preservation Society is pleased to continue the important tradition that Kay has set forth in Englewood, to honor our veterans.

Please join us on Sunday, May 27 to celebrate Memorial Day at Englewood High School.

Englewood Historic Preservation Society
Preserving Englewood Colorado History

Information courtesy of Kay Howard.

PIRATES COVE OPENS MAY 26

See p. 40 for pricing and facility information



Piratescovecolorado.com



HOW TODAY'S WASTEWATER WILL FUEL TOMORROW

A new project being pioneered by the Littleton/Englewood Wastewater Treatment Plant will transform what you flush down the toilet into usable natural gas – and turn that gas into dollars.

Currently when wastewater enters the plant, bacteria break down the organic matter, like human feces, releasing methane gas. This methane gas is then burned off as waste. What the Biogas to Renewable Natural Gas (RNG) Project proposes is to clean out the impurities from the methane – things like carbon dioxide, hydrogen sulfide, and siloxanes – thereby transforming the methane into natural gas that can be sold to companies like Xcel Energy to heat homes, power vehicles and generate electricity.

“The beauty of the project is that it’s using something we’re wasting anyway,” said Blair Corning, Deputy Director of Strategic Programs for Littleton/Englewood Wastewater Treatment Plant (L/E WWTP). “So we’re helping the environment, generating revenue, and because we have the gas and infrastructure already, it’s all very feasible.”

In addition to the revenue from selling the gas itself, there is also the potential for selling credits to fuel refineries to meet their EPA obligations to reduce the use of fossil fuels. Both streams of revenue will lead to lower rates for residents.

While the potential financial gain for the City is exciting, there’s another important aspect of the project to consider, according to L/E WWTP Director John Kuosman.

“The project will help minimize emissions released from the facility into the community, as well as minimizing the City’s carbon footprint as a whole,” he said. “But it also really sets the stage for the City adopting even more innovative practices going forward. The

success of this project will build desire to do more of these types of activities in the future.”

The Biogas Project is part of a larger shift in thinking when it comes to wastewater treatment and the industry in general. Facilities across the country are changing their names from wastewater plants to water resource recovery facilities, as communities are viewing the treatment of water not as a burden but as an opportunity to recover valuable resources and offset the cost of protecting public health and safeguarding the environment – places like the South Platte River.

The technology to make the methane gas suitable for use in natural gas pipelines already exists, and similar programs have successfully been implemented in Grand Junction, Boulder and Longmont. The L/E WWTP is scheduled to finalize agreements and financing in the first half of 2018 for construction to begin in Q3.

“Wastewater is beginning to be looked at as a resource instead of a problem,” said Corning. “Before it was just something we had to deal with, but now we’re looking at it as a potential resource. It isn’t just waste if we can figure out ways to recycle and reuse it beneficially.”



COMMUNITY CONNECTIONS AT EVERY TURN

Jani Larson moved to Englewood when she was 11, and apart from a six-year stint away, has called Englewood home ever since.

With her children in Lakewood and Parker, and her twin sister in California, she's thought about moving; but since she can't think of anywhere else she'd like to live, her roots remain firmly planted here. "I really like the central location," she said. "It's a community with differences. Not all houses look the same."

She also likes to see the new restaurants and businesses going in. "It's nice to have options in Englewood," she said.

After 24½ years as a social worker for Denver Human Services, she retired, but didn't slow down. She enjoys being retired and stays busy with a monthly dinner with a friend at The South, lunch and movies at her church, reading – mostly fiction – and writing.

In 2015, she self-published a book of poetry, that she spent decades writing, entitled *Pebble in a Boat*.

Now, she is teaching herself to play the harmonica from a book, but she's thinking about switching back to the ukulele now that her joint pain has subsided.

She also volunteers with an inner healing group at her church.

Her list is long, but Jani wouldn't have it any other way.

"What makes our life rich is relationships," she said. "My relationship with God is the most important one. And then my relationships with other people."



Photo: Todd Dobbs

GET TO KNOW A LOCAL BUSINESS

In 2010, former professional boxer DaVarryl Williamson opened his own boxing studio – Touch of Sleep – named after his nickname in the ring.

Dubbed "Touch of Sleep" for his ability to dole out a "lights out" punch to his opponents, it doesn't take long to see that nicknames come with the territory.

DaVarryl, who also goes by "D," "Touch," "JuJu," "The Commander," and "SportsPage" is quick to administer nicknames to his clients as well.

"Everyone has a nickname," he said, scrolling down a mental list, which included names like "Captain American," "Michelangelo" and "Baby Jesus."

The surrounding business owners – who don't have nicknames, yet – are the highlight of his location.

"We all look out for each other," DaVarryl explained, noting that they often will accept packages for other businesses if the owners aren't around.

Inside the gym, DaVarryl works out clients of all ages, including kids as young as five.

"Boxing gives you so much," he said. "It gives you confidence. It gives you swagger. It always gives you another goal."

Due to his self-imposed family rule, he and his wife raised their two children in the boxing gym. "They had to be into it," he explained. "It gives them confidence."

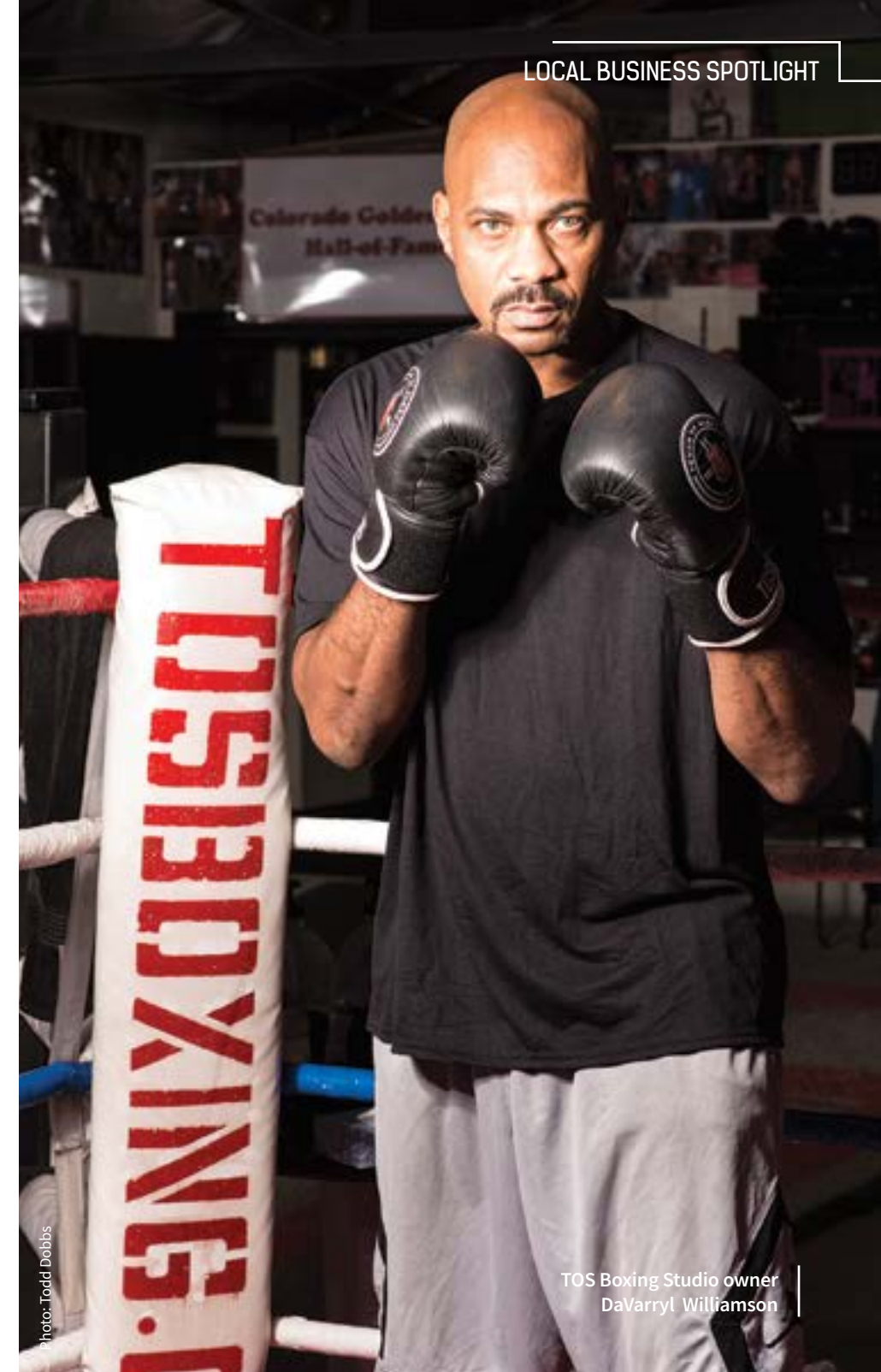


Photo: Todd Dobbs

TOS Boxing Studio owner
DaVarryl Williamson

Workouts include running, jumping rope, speedbag, pull ups, sit ups, squats, wall sits, hula hoops and stations with punching bags and focus mitts.

"We aim to please," DaVarryl said. "We want to give you exactly what you want plus a little bit more."



**TOUCH OF SLEEP
BOXING STUDIO**
3910 S. Kalamath St.
TOSboxing.com

Sustainability in Englewood

FROM CITY TO CITIZEN

Photo: Ryan Burke

The City of Englewood, its businesses and local residents are making huge strides in sustainability in 2018

THE CITY

Energy Efficient Englewood

Englewood has long been a champion of sustainability, with the City itself leading the way. Municipal energy use has decreased every year since 2013 – which is even more impressive when you consider the near-constant growth. The decrease is largely credited to significant reductions in natural gas consumption after a two-year effort to reschedule heating and cooling systems in City facilities.

But the City isn't done yet – not even close. The Englewood Energy Action Plan lays out the objective to increase annual energy savings for municipal operations by 3 to 4 percent – an audacious but attainable goal with the help of several new projects in the works to reduce electricity consumption, including an LED lighting upgrade at the Civic Center and a City of Englewood energy conservation pledge. Look for more information on these projects, among others, later this year.

THE CITIZENS

Earth Day Celebration

Englewood residents aren't afraid to get their hands a little dirty to keep the South Platte River clean.

In celebration of Earth Day (April 22), the Littleton/Englewood Wastewater Treatment Plant will be hosting a river walk and community clean-up project for families, scout troops, service groups and anyone who would like to lend a hand.

The walk will cover a one-mile section of the river, starting at the plant at 2900 S. Platte River Drive. Trash bags, safety gloves, vests, and trash pickers

will be provided, along with a light lunch after the clean-up. For more information, contact Deb Parker at 303-762-2638.

Ditching the dump

No matter what piles up from your spring cleaning or home improvements this year, there's a home for all hazardous materials in Englewood.

Citizens Alliance for a Sustainable Englewood (CASE) rounded up a list of local businesses that have made it their job to recycle items that should be kept out of the drain or dump, where they can become much more dangerous.

Paint: The GreenSheen Paint staff will not only reuse the paint itself, but they'll also recycle the cans. Its product, GreenSheen Eco-Friendly Paint, is primarily shipped out to Habitat for Humanity ReStore retail stores across the country.

Antifreeze, oil and car batteries: Advance Auto Parts has a safe receptacle for coolant and motor oil (though you'll need to take the containers elsewhere for disposal, as they're flammable) and even recycles car batteries, which contain heavy metals and toxic chemicals.

Concrete, wood and asphalt: Oxford Recycling recycles approximately a half ton of concrete, wood and asphalt every year. The concrete and asphalt is crushed on site to become new road base, particles to fill behind retaining walls, or rocks for truck tracking at construction sites. The untreated, unpainted wood, including branches and leaves, is shredded and made into mulch. The fees are comparable and sometimes less to those of the landfill.

In 2016, GreenSheen processed
2.4M
pounds of product.

97%
of the paint received
was recycled into
premium quality
latex paint.



GreenSheen Paint
1281 W. Dartmouth Ave.
Englewood, CO 80110
Recycling Hours:
M – F: 8 AM – 4:30 PM



Advance Auto Parts
3191 S. Broadway
Englewood, CO 80113
Store Hours:
M– F: 7:30 AM – 8 PM
Su: 9 AM – 6 PM



Oxford Recycling, Inc.
2400 W. Oxford Ave.
Englewood, CO 80110
Hours:
M – Sa: 7 AM – 4:30 PM



Illustration from
The Snowy Day by
Ezra Jack Keats

Used with permission of the Ezra Jack Keats Foundation.

LIBRARY AWARDED EZRA JACK KEATS GRANT

Help Your Child Write their Life Story

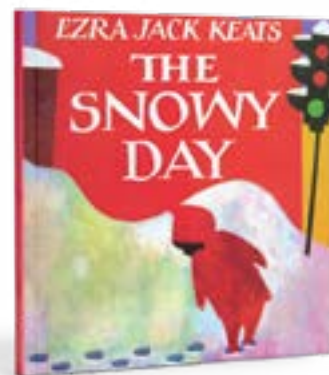
In 2017, the Englewood Public Library was awarded a \$500 Ezra Jack Keats Mini-Grant. With the award, the library will conduct a two-part program where children will create a book that captures the story of their life through art, pictures and words. The library is one of only 64 school and library organizations from across the country awarded mini-grants to provide an inventive learning experience.

The program will tie together two aspects of Ezra Jack Keats' literary work: Family and community life, the basis of most of Keats' stories; and art techniques used by Keats in his award-winning books.

The characters in Keats' books come from the community around him. Many of his stories portray family life, and the simple pleasures and more complex problems that children encounter every day. To celebrate this aspect of his books, each registered child will receive a disposable camera to take pictures of their lives, including family, friends, school, neighborhoods and community.

Keats used many different art techniques to illustrate his children's books including collage, gouache, and marbled paper. During the

first program on Thursday, March 1, children will make different types of paper, using several of these art techniques.



During the second program on Thursday, March 15, children will use the pictures they took and the paper they made to create the story of their life through a collage of pictures and words.

Space is limited and pre-registration is required. Stop by the Englewood Library between February 12 – 28 to register and pick up a camera. This opportunity is ideal for elementary students.

The Ezra Jack Keats Foundation fosters children's love of reading and creative expression by supporting arts and literacy programs in public schools and libraries.

Registration: February 12 – 28
First Program: March 1
Second Program: March 15

FAREWELL FROM JUDGE VINCENT ATENCIO

A Career Filled with Gratitude

As my final term as presiding judge for the Englewood Municipal Court is drawing to a close, I wish to thank everyone who has helped me during the past twenty years. First, I give my heartfelt thanks to the citizens of Englewood. As the only fully elected judge in the state of Colorado, it is you, the citizens, who have given me the opportunity to serve in this position. In every other Colorado city, it is the City Council who selects the municipal judge. If you remember your basic civics class, you may remember hearing about the separation of powers. Government has three branches: legislative, executive and judicial. Englewood is the only city where the judicial branch is truly separate from the other branches of government.

The head of the judicial branch of government is an awesome responsibility. I have tried every day to do my job in a way that respects the trust given to me by citizens of our city. I definitely mean our city because I have been a lifelong resident of this community. I know that not everyone will be happy with the difficult decisions I have made. But, I hope that everyone understands that I am guided by principles that must be followed. Some of these principles are legal. Some are principles of respect and dignity for everyone who appears in court. Most of all, they are principles of how someone who holds the public trust should act.

I have a firm belief that the actions of a municipal judge can have a huge impact on society. Some of that impact is at a local level, affecting the daily lives of our citizens. Even more important is the

role I can have in establishing respect for the entire court system of our country. Far more people are likely to have contact with a municipal court than any other court. It is humbling when I stop and think that I have been given the opportunity to have that effect on people. On a daily basis, I approach every individual case with

the understanding that for the time they are in contact with the court, it is likely to be the most important experience in their life.

Second, I would like to thank all the people who have worked with me over the last twenty years. My contact with each of them has sometimes been substantial, sometimes indirect and sometimes almost non-existent, but it has always been important. In particular, I want to thank all the court employees. It is an extremely difficult job, with new challenges daily. Our staff works extremely hard and seldom receives recognition for the job they do. It would have been impossible for me to do my job without the efforts of every court employee. There is no way I can express the depth of my gratitude to each of you.

Finally, I want to give my best wishes to our new municipal judge, Joe Jefferson. I know that he appreciates the importance of the job ahead. It will be challenging, at times frustrating, but always rewarding.

Sincerely,
Vincent Atencio



JASON PARK TURF DAMAGE

Please temporarily refrain from walking on the grassy areas of Jason Park. The unusually warm and dry weather has already resulted in turf damage and dog use in particular puts additional stress on the park. Duncan Park, Centennial Park, Northwest Greenbelt and Canine Corral provide off-leash dog privileges and can be used until the grass at Jason recovers. Thanks for helping to keep your park healthy!

ENGLEWOOD'S BUSINESS RESOURCE EXPO

Thursday, March 15 • 8:00 – 9:30 AM
Englewood Civic Center Community Room
1000 Englewood Pkwy.

Entrepreneurs interested in starting a business or business owners looking to expand operations should plan to attend this informative event. Englewood's economic partners will be available to provide information about the various resources available to businesses.

OFNOTE

Energy Efficient Englewood is holding an E3 Summit

WHAT: Help City of Englewood and Xcel Energy celebrate Englewood’s successes in energy savings and get inspired to save more!
WHEN: Thursday, Feb. 22, 6:00 PM
WHERE: Englewood Civic Center Community Room, 1000 Englewood Pkwy.



What’s Your Vision for Englewood?

Do you have ideas on what you’d like to see Englewood become? Or how you would like it to stay? Plan to attend a community workshop March 7 and March 15. Check the City’s website homepage at englewoodco.gov for more details coming soon.

Your Opinion Matters

The City of Englewood is conducting a resident survey and wants to hear from you! The survey provides residents the opportunity to rate the quality of life in the City, neighborhood amenities, service delivery, and satisfaction with local government operations. Your feedback is very valuable and helps the City plan for the future. Residents are invited to take the survey online by visiting bit.ly/englewood18 by Feb. 28. Results will be shared with the community this spring.



ART APPRENTICESHIPS AT MOA

Paid summer art apprenticeships are available at the Museum of Outdoor Arts (MOA). Work in an art studio on collaborative art projects this summer. Open to undergraduates who are majoring in the arts. Application deadline is March 30. Learn more at moaonline.org/design-and-build.

INTERSECTING FORMATIONS

Visit MOA’s latest indoor gallery exhibition, INTERSECTING FORMATIONS, featuring twelve collaborations with Colorado painter, Craig Marshall Smith. During his fall 2017 residency in the MOA studio, Smith teamed individually with ten artists to produce artworks for this exhibition. In addition to the collaborative works, Smith created diptychs as tribute to late artists Richard Diebenkorn and Jan Stüssy by combining their techniques with his. Smith studied with them while at UCLA. Collaborating artists include Smith’s contemporaries, friends, former students, and mentors. This exhibition is one of Smith’s final projects as he scales back his visual art career to focus on writing. On exhibit through March 30, 2018.



HEY, ENGLEWOOD! Show Us Your Best Side!

City staff selected these great images from our community.



▲ Blakely Harman can usually be found painting in the studio at her home in Englewood. Her studio has a window view of the mountains, a small office space, and not a single blank spot on the walls. Typically, she works with oil on canvas and photography, but has also been know to tinker in stained glass and ceramics.
@Blakelybug

► Nick Kyle snapped this great shot of his daughter, Mabel, swinging at Bishop Elementary using his iPhone. Nick notes, “We love Englewood, it’s where we started our family. Sadly...we had to move away from the community, but this photo will always be one that I look back [on] as [part of] the stories we made when we lived there.”
@nicklk



Do you have a great photo to share? The rules are simple. Upload a picture experiencing life in the City of Englewood on Instagram with the hashtag #EnglewoodLife and your photo may be featured in a future issue of the magazine.

Follow the City at [instagram.com/cityofenglewoodcolorado](https://www.instagram.com/cityofenglewoodcolorado)

A DAY IN THE LIFE... Englewood Staff Photo Contest

<p>Sunrise: Steam rises from a primary water tank in the early morning hours at the Littleton/Englewood Wastewater Treatment Plant.</p>  <p>B. Varner</p>	<p>Sunset: Clouds are reflected in the holding tanks of the Littleton/Englewood Wastewater Treatment Plant as the sun goes down on another beautiful day in Englewood.</p>  <p>A. Szantruczek</p>
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A WASTEWATER CAREER SPANNING FORTY YEARS

In 1977, Jim Tallent joined the City of Englewood as a Plant Operator at the wastewater treatment plant.

Forty years later, he retired as Treatment Division Manager from the Littleton/Englewood Wastewater Treatment Plant (L/E WWTP).

Over the years, Jim saw a lot of changes. In his early days with the City, he assisted with the start-up of a new treatment plant in partnership with Littleton, which became the L/E WWTP.

He watched as Cinderella City was redeveloped into what is now the Englewood Civic Center, which houses the Englewood Public Library, City administration and the Museum of Outdoor Arts; and witnessed the steady growth of both Swedish Medical Center and Craig Hospital.

Jim noticed that over the years, community members started using the South Platte River more and more for recreation.



Photo: Ryan Burke

During his tenure, Jim approached his role with a “can-do” attitude and a smile.

“It’s more important to approach the challenge of a situation and find ways to get something done instead of responding with why it can’t be done,” he said.

In 2007, Jim’s peers selected him to receive the Walter Weers Outstanding Achievement Award for his many contributions to operator training and education.

Under Jim’s leadership, the plant received more than 30 awards and has often been recognized by agencies such as the United States Environmental Protection Agency.

His years of leadership played a big role in helping to protect the watershed where Englewood residents live and play.



Groundbreaking of the new Police Headquarters building

LOOK FOR ENERGY EFFICIENCIES AT POLICE HEADQUARTERS, TOO!

In addition to the benefits outlined by Councilmember Cuesta on p. 5, the new Englewood Police Headquarters will see energy efficiencies in three areas:

Exterior Enhancements: 15% more efficient than the 2015 International Energy Conservation Code (IECC) standard, which is the most stringent code to date. This savings is from additional wall and roof insulation, and airtight skylights with high performing glass.

Electrical systems: 39% more efficient than IECC standards through all LED lighting, automatic lighting controls (lights dim if there’s enough sunlight), and vacancy sensors – requiring you to hit the switch to turn the light on, so it won’t turn on if someone is just walking by.

Mechanical systems: High efficiency, hydronic rooftop units for AC and heat. Heat through high efficiency boilers, which are 95 – 97% more efficient than other heating methods. And heat recovery for the exhaust fan that will warm the incoming air as it pushes air out.

Upcoming Events

For additional information or to register, contact Toni Arnoldy at tarnoldy@englewoodco.gov.

February 2017

Coffee with a Cop

Thursday, 2/15, 7:30 – 9:00 AM

Chick-fil-A (Dartmouth & Broadway)

Car Seat Safety Check

Saturday, 2/17, 9:00 AM – NOON

John Elway Chevrolet
5200 S. Broadway

March 2018

Coffee With a Cop

Saturday, 3/17

8:00 – 10:00 AM

Nixon’s Coffee House
871 Englewood Pkwy.



Adult Self Defense Class

Saturday, 3/17, 9:00 AM – NOON

Registration required. Contact Toni.

Coffee with a Cop

Thursday, 3/29, 7:30 – 9:00 AM

Kaladi’s Coffee Roasters
2823 S. Broadway

APRIL 2018

Coffee With A Cop

Thursday, 4/12, 7:30 – 9:00 AM

Starbucks (Bates and Broadway)

Graffiti Paint Out/Cleanup

Saturday, 4/14

Englewood Police Department
parking lot, 3615 S. Elati St.

SAVE THE DATE MEMORIAL DAY CELEBRATION SUNDAY, MAY 27TH 2018, 2:00PM

FOUNDED BY
KAY WOODWARD HOWARD
HOSTED BY

Englewood Historic Preservation Society

ENGLEWOOD HIGH SCHOOL
3800 S. LOGAN ST
ENGLEWOOD, CO 80110

DOUGLAS
COUNTY
YOUNG
MARINES

79TH
HIGHLANDERS

JOE
PETERSON
ORCHESTRA

ROLLING
THUNDER

HONOR
BELL
FOUNDATION



For more information visit “ENGLEWOOD HIGH SCHOOL MILITARY MEMORIAL” on facebook, WWW.HISTORICENGLEWOOD.ORG or call SHARLENE BARKER 303.378.5540.

EHPS is selling 4 x 8 inch engraved pavers for \$150 each that will be installed in time for the Memorial Day Event. Purchase a paver for yourself, family member or friend to honor an individual veteran or a family. For more information visit our website or contact Paul Skizinski at pj2skis@skizinski.com or 303.482.6184.

Englewood Citizens’ Spring Police Academy

3/7 – 5/2. Classes every Wednesday from 6:00 – 9:00 PM. Now accepting applications. Deadline to apply is Friday, 2/26 at 5:00 PM. Participants must be 18 years or older and live or work in Englewood. Visit englewoodco.gov.

GET OUT AND PLAY!



1. Englewood Rec Center

1155 W. Oxford
2. Malley Rec Center

3380 S. Lincoln St.
3. Broken Tee Golf Course

2101 W. Oxford Ave.
4. Englewood Civic Center,
Englewood Public Library,
CityCenter Amphitheater,
Hampden Hall

1000 Englewood Pkwy.
5. Belleview Children's
Farm and Train,
Belleview Park

5001 S. Inca
6. Cushing Park

700 W. Dartmouth
7. Centennial Park

4630 S. Decatur St.
8. Jason Park

4299 S. Jason St.
9. Bates/Logan Park

2938 S. Logan St.
10. Baker Park

2200 W. Wesley Ave.
11. Romans Park

1800 E. Floyd Ave.
12. Rotolo Park

4401 S. Huron St.
13. Duncan Park

4880 S. Pennsylvania St.
14. Barde Park

(temporarily under construction)
15. Miller Field

3600 S. Elati St.
16. Brent Mayne Field

3501 W. Union Ave.
17. Colorado's Finest High School
of Choice

300 W. Chenango Ave.
18. Canine Corral

4848 S. Windermere
19. Englewood Community Garden

W. Dartmouth and S. Fox St.

USING YOUR PARKS

Park Hours: City parks are open seven days a week from 6:00 AM – 11:00 PM.

Pavilion Reservations: Available April 16 through October 15. Restrooms in parks are open mid-April through mid-October, weather permitting.

Park Use Permits: No charge for groups of 15+ people who will use the park but do not require a shelter. Commercial use of a park, including individuals or businesses organizing classes or services, requires a Park Use Permit and a fee of \$100. Evidence of additional insurance also required.

Park Permit Limits: No more than four Park Use Permits will be issued to the same group or individual during a calendar year in order to ensure equitable access for everyone.

Special Event Licenses: A Special Event License may be required for events that are open to the public. Additional insurance, fees, and vendor licenses may apply.

Dogs in our parks: All dogs must be on a leash except as permitted at designated parks. Please pick up after your dog and follow posted guidelines.

Athletic Field Use: Athletic fields must be reserved in advance for any organized play or practice. Call 303-762-2697 for information and availability.

Drug and Alcohol Policy: Alcohol & marijuana use are not allowed in any City park or open spaces.

Visit englewoodrec.org
or call 303-762-2680
for more information.

RECREATION GUIDE

SPRING 2018 | ENGLEWOODREC.ORG



Residents can
register starting
Wednesday, February 7

All others can
register starting
Friday, February 9





Facility Supervisor:
Jeff Jones • jjones@englewoodco.gov • 303-762-2692
Program Supervisor:
Allison Boyd • aboyd@englewoodco.gov • 303-762-2667

A full-service community facility, the center offers:

- Indoor track
- 25 meter eight-lane swimming pool
- The Zone! (Functional Training Center)
- Full-size gymnasium
- Expanded weight training rooms
- Cardiovascular area
- Four racquetball/walleyball courts
- Numerous other amenities

Activities are for all ages. The facility is open to anyone and offers reasonable rates for daily or extended visit admission.

HOURS OF OPERATION	
M-Th:	5:30 AM – 10:00 PM
F:	5:30 AM – 8:00 PM
Sa & Su:	8:00 AM – 5:00 PM

Center Closures

Easter	Sunday, April 1	CLOSED
Memorial Day	Monday, May 28	CLOSED

Facility Rentals

The center features a multi-purpose room with attached kitchen, a small classroom, full-size gymnasium, racquetball courts and pool facility for individual and group rentals. For more information call 303-762-2680.

Resident ID Cards for \$3

If you’re an Englewood resident within the legal city limits, you must obtain a Resident ID card for each member of your family, age five and older, who wishes to use an Englewood Recreation facility or register for a program and receive the Resident Fee rate. This rate is listed throughout as “Resident Fee”. Without the Resident ID, you’ll be required to pay the regular admission or activity fee.

Resident IDs are obtained at an Englewood Recreation facility for \$3, and are valid for three years from date of purchase. In order to obtain a Resident ID, please provide one form of photo identification and an additional proof of your physical address (vehicle registration, utility bill, phone bill, etc.).

You may also use your Resident ID to receive resident rates at Cornerstone Park’s Batting Cages and Colorado Journey Miniature Golf. Parents must have a valid Resident ID to register children under five years of age.

Englewood Business ID Card

Englewood business owners, officers and directors of a corporation located within the legal city limits are eligible to apply for an Englewood Business Resident ID. This ID allows the holder use of recreation facilities and programs at the discounted resident rate. Applications are accepted at the Englewood Recreation Center, 1155 W. Oxford Ave.

Online Registration

If you wish to register online, you will need a Household Account established in our registration system. Please call the Recreation Center at 303-762-2680 during operating hours for assistance.



Fitness Program Eligible SilverSneakers® members (check with guest service staff to verify eligibility) can participate in specialized non-impact SilverSneakers® fitness classes and other activities for free or at a reduced rate. Just look for the SilverSneakers® Logo next to class descriptions.

Financial Assistance

If you need financial assistance, please contact Jeff Jones for more information at 303-762-2692.

Individuals with Disabilities Program

The City of Englewood strives to consider and include individuals with disabilities into its recreation programs. Qualified individuals with disabilities are provided with reasonable accommodation in order to receive equal opportunity of inclusion. Learn more by contacting Jeff Jones at 303-762-2692.

Lockers

Lockers are day use only. If you plan to use lockers, please bring your own lock.

Age Descriptions

Youth	2 – 17 Years
Adult	18 – 54 Years
Senior	55+ Years

Refund Policy

Unable to attend an activity for which you have registered? If you paid on credit card, we will refund your full dollar amount back on your credit card. If you paid in cash or by check, you can transfer your dollar amount to another class/program or retain a household credit to be used in the future. Please note that transfers/refunds/household credits pertaining to the Outdoor Adventures or Excursions program areas have different policies.

Center Admission

Admission includes use of available amenities (pool, weight rooms, cardio room, running track and gymnasium).

Type	Youth/ Senior Non Res.	Youth/ Senior Res.	Adult Non Res.	Adult Res.
Daily Admission	\$5.00	\$3.50	\$6.00	\$4.75
25-Visit Punch Card	\$73.00 (CPV \$2.92)	\$58.00 (CPV \$2.32)	\$105.00 (CPV \$4.20)	\$84.00 (CPV \$3.36)
Fitness Drop-In	\$8.00	\$6.00	\$8.00	\$6.00
Yoga Drop-In	\$10.00	\$8.00	\$10.00	\$8.00
12-Visit Fitness Punch Card	\$75.00	\$60.00	\$75.00	\$60.00
12-Visit Yoga Punch Card	\$112.00	\$90.00	\$112.00	\$90.00
Six-Month Pass*	\$192.00 (\$32/mo)	\$126.00 (\$21/mo)	\$216.00 (\$36/mo)	\$173.00 (\$29/mo)
Annual Pass*	\$324.00 (\$27/mo)	\$204.00 (\$17/mo)	\$390.00 (\$32.50/mo)	\$312.00 (\$26/mo)
Racquetball/Walleyball	Courts are reserved by the hour. Reservations are accepted two days in advance.		\$9.00	\$7.25
6 Hours of RB/Walleyball			\$45.00	\$36.00
Household Passes	Call for Pricing; Pricing based on Residency, and number of household members.			
Corporate Rates	Call for Pricing; Pricing based on Residency, and number of visits purchased.			

*Six-Month and Annual passes are eligible for monthly auto-debit program.

Annual Pass holders may add a Racquetball Rider for a fee of \$60 per individual pass holder. A racquetball rider allows the use of one hour of racquetball court play per day. Reservation is required to ensure court time.

MOVE. TRAIN. PLAY.
With the NEW TechnoGym fitness equipment!

TechnoGym fitness equipment is state of the art and provides an integrated user experience. If you want to up your fitness game, the Englewood Recreation Center now features 35 new pieces of equipment for you to use. Stop by for a tour today! Both centers offer free orientations.



Englewood Recreation Center: The Zone

Check out the new HOIST Fitness Motion Cage! This is a functional training system like no other, offering exercise stations that can be custom configured to best suit your workout. Get your HIIT workout here! With stations that include a squat rack, renegade station, high-low pulleys, heavy bag, monkey bars, traversing walls, rebounder, jump platform, and dozens of attachment points for straps and accessories, the Motion Cage offers limitless opportunities. Englewood has teamed up with TETRO PERFORMANCE to offer fitness classes to suit you! Check out the classes online at TetroPerformance.com and read more on page 43.

HOW TO REGISTER



ONLINE: Resident registration begins Wednesday, February 7. All others can register Friday, February 9. Submit registrations anytime: englewoodrec.org. Payments must be made with VISA, MasterCard or Discover Card.



DROP OFF: Registrations are accepted at the Englewood Recreation Center and the Malley Recreation Center during regular operating hours.



MAIL: Mail your registration form to: Englewood Recreation Center, 1155 W. Oxford Ave., Englewood, CO 80110 OR Malley Recreation Center, 3380 S. Lincoln St., Englewood, CO 80113

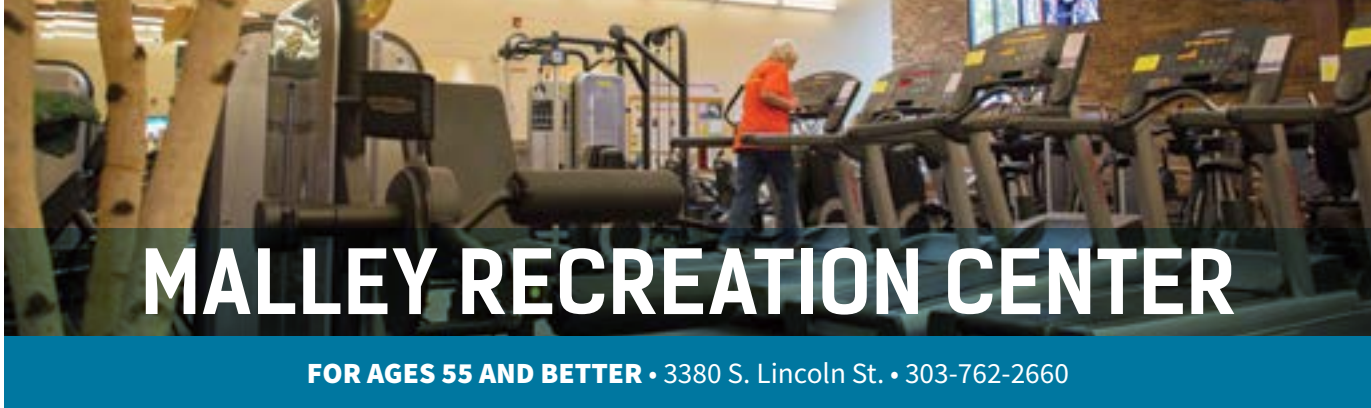


PHONE: Call 303-762-2660 or 303-762-2680 during regular operating hours.

Policies & Enrollment

All registrations are processed in the order they are received. Englewood Resident ID cardholders are given priority and are able to enroll two days before others. During this period, non-resident registrations are accepted and prioritized by date/time. Once the priority enrollment is concluded, all available activity space is filled by non-resident participants in the order received. After this process, all registrations are handled on a first-come, first-served basis. All checks are payable to the City of Englewood. Checks are accepted for payment provided they are for the amount of purchase only, local (Colorado), preprinted with customer’s name and address, and have a valid Colorado Driver License or Colorado ID card number on them. A \$25 service charge will be assessed on any returned check.

Mail-in Registrations Only: If you would like a receipt please include your email address or enclose a self-addressed, stamped envelope with registration.



MALLEY RECREATION CENTER

FOR AGES 55 AND BETTER • 3380 S. Lincoln St. • 303-762-2660

Program Supervisor:
Allison Boyd • aboyd@englewoodco.gov • 303-762-2667
Facility Supervisor:
Jeff Jones • jjones@englewoodco.gov • 303-762-2692

The Malley Recreation Center and programs promote healthy aging and social activity. Staff strives to offer enriching programs including: fitness, outdoor adventures, education, excursions, extended travel, special events, VOA lunch, drop-in activities, arts and crafts and more. Stop in for a tour.

Participation is open to Englewood residents and non-residents. Englewood residents living within the legal City limits must obtain a resident ID card for each member of your family, to receive the Resident Fee rate. Resident IDs are available for \$3 and are valid for three years from the date of purchase. See page 22 for more information.

Those over 55 years of age receive priority when registering and adults 18 years and older may register for classes and activities on a space available basis. The Malley Fitness Center and Computer access are not open to those under age 55.

HOURS OF OPERATION

M – Th: 8:00 AM – 7:00 PM
F: 8:00 AM – 5:00 PM
Sa: 9:00 AM – 1:00 PM
Su: Closed except for scheduled activities
*Center Closures — Annual Maintenance: 2/26 – 3/4
Easter 4/1, Memorial Day 5/28*

Center Admission

Includes use of available facilities (fitness center, game room, computers, Bridge, Bunco, Billiards, lobby access, table tennis, Pickleball or drop in gym)

Daily:

Senior	\$4
Senior Resident	\$2
Adult	\$5

(Only for Billiards, Pickleball and table tennis)

Annual:

Senior	\$55
Senior Resident	\$44
SilverSneakers®	\$25
SilverSneakers® Resident	\$20

Daily Fitness Center Drop-in

Drop-in not available for Beginning and Continuing Weight Training and Tai Chi for Balance. Day Yoga drop-in rates vary. SilverSneakers® members may drop-in to classes with the SilverSneakers® logo for free by swiping their card at the front desk.

Malley Daily Drop-in: \$5



Fitness Program Eligible SilverSneakers® members (check with the front counter to see if you are eligible) can participate in specialized non-impact SilverSneakers® fitness classes and other activities for free or at a reduced rate. Look for the SilverSneakers® logo next to class descriptions.

Volunteers of America (VOA) Nutrition Program

Malley Center and Volunteers of America team up to serve a great lunch Monday through Friday in the Malley Center Ballroom 11:30 AM – 1:00 PM. Reservations are required and must be made by noon two days in advance at the front desk or by calling 303-762-2660. Reservations for Monday and Tuesday must be made by noon on the previous Thursday. Monthly menus are available online at englewoodco.gov or at Malley. Suggested donation is \$2.50 for ages 60 or over or a person under 60 who is a spouse of an eligible person. Under 60 is \$8.50. First time visitors must complete a VOA registration form.

M – F Malley Ballroom

Visiting Nurse Association

The VNA provides quality, affordable health care including foot care, blood pressure checks, and monitoring of chronic conditions. Appointment only. Call 303-698-6496.

3/15, 4/19, 5/17

Americans with Disabilities

We are committed to supporting and complying with the Americans with Disabilities Act. If you require special accommodations, please notify us at least two weeks in advance of the activity.

Facility Rentals

The Center features a large multipurpose room with attached catering kitchen, classrooms and full-sized gymnasium for rental. For information, call 303-762-2660.

DROP-IN PICKLEBALL SCHEDULE

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Malley Rec Center							
Beg/Inter		11:15 AM – 1:30 PM				11:15 AM – 1:30 PM	
Advanced		1:30 – 5:00 PM		2:30 – 5:00 PM		1:30 – 5:00 PM	9:00 AM – 1:00 PM
Englewood Rec Center							
Beg/Inter						1:00 – 4:00 PM	
Advanced							
CFHSC – Colorado's Finest High School of Choice, 300 W. Chenango Ave. (courts are located along Grand Ave.)							
Beg/Inter			1:00 – 5:00 PM		1:00 – 5:00 PM	1:00 – 5:00 PM	
Advanced	1:00 – 5:00 PM		8:00 AM – NOON		8:00 AM – NOON		

Courts are first come, first serve and subject to availability.

Pickleball Drop-in Play

See page 34 for classes. This low-impact, easy-to-learn, active game combines elements of badminton, tennis and table tennis. Players use paddles and a plastic ball using a low net. Equipment is available. Annual or daily pass required.

Table Tennis

The sport can be played single or doubles and is great for beginners. Annual or daily pass required.

Location: MRC gym

Tu/Th 12:30 – 4:30 PM

Retirement Support Group

Gather with other retirees and share thoughts and stories about retirement topics such as friendship, loss, leisure, purpose and much more. Annual or daily pass required.

W 10:30 – 11:30 AM

AARP Driving Safety Program

This driving course is specially designed for motorists age 50 and older. The course helps drivers refine existing skills and develop safe, defensive, driving techniques. Upon successfully completing the course, you may be eligible to receive a discount on your auto insurance premium.

Choose ONE of the following:

Th 4/5 12:30 – 4:30 PM

Th 5/24 12:30 – 4:30 PM



Bunco Bash Fridays

Have fun, be social and play an easy-to-learn, yet exciting game! Played with only dice and a score sheet, all you need to do is roll the dice and add the points! Partners rotate. Annual or daily pass required. Refreshments and prizes included.

1st, 3rd, 5th Fridays Monthly 1:00 – 3:00 PM

Bridge Group:

Enjoy Duplicate Bridge & bring a partner. Annual or daily pass required.

Tu 12:30 PM

Mahjong

Join us for this Chinese-originated game using various designed tiles. No partner needed. Bring your Mahjong set if you have one. Annual or daily pass required.

F 12:30 – 4:30 PM

MovieTime

Join us twice monthly to watch a free movie on the big screen. Popcorn available for 25¢. Watch for flyers each month with the movie title or call 303-762-2660 the week of the movie.

2nd and 4th Fridays Movies start at 1:00 PM

NEW RELEASE MOVIE TIME: 3/9 4/13 5/11

CLASSIC MOVIE TIME: 3/23 4/27 5/25

Drop-In Woodcarving

For carvers with some experience. A carving glove and thumb guard are required. There is no instructor, however, fellow carvers are willing to help.

3/9 – 5/25 F 9:30 – 11:30 AM \$13/\$10 21762511

3/7 – 5/23 W 6:00 – 8:00 PM \$13/\$10 21762512

ADULT DANCE & MUSIC

Program Administrator: Sara Stant • sstant@englewoodco.gov • 303-762-2680

Belly Dancing Basics

Age: 13 yrs. and older. This class teaches belly dance foundation, choreography and improvisational exercises using dance props. No prior dance experience necessary.

Location: ERC-A.A.#2 Instructors: Adina & Aziza of Troupe D'Aliah
 3/6 – 4/10 Tu 6:45 – 8:15 PM \$66/\$53 21850111
 4/17 – 5/22 Tu 6:45 – 8:15 PM \$66/\$53 21850112

Continuing Belly Dance

Age: 13 yrs. and older. Intermediate and performance level course. Continued focus on developing technical dance skills, use of props and some performance skills and knowledge of the art of belly dance. Performance opportunities, but not a requirement. Must take basics class first and have approval for this course.

Location: ERC-A.A.#2 Instructors: Adina & Aziza of Troupe D'Aliah
 3/8 – 4/12 Th 6:30 – 8:00 PM \$66/\$53 21850211
 4/19 – 5/24 Th 6:30 – 8:00 PM \$66/\$53 21850212

Social Ballroom

Age: 55 yrs. and older priority, 18 – 54 yrs. space available. Incorporate how to move around the dance floor, proper placement of hands and arms, how to tie steps together, and specific footwork. You will practice with Latin and American dance styles. A new dance is taught each month; March – Fox Trot, April – Night Club, May – Rumba

Location: MRC- Ballroom Instructor: Lila Horton
 3/5 – 5/21 M 3:00 – 4:30 PM \$45/\$38 21860111

Ultra Beginning Line Dance

Age: 55 yrs. and older priority; 18 – 54 yrs. space available. Learn basic universal line dance steps. Your mind and body will benefit from this class. \$5/daily drop-in.

Location: MRC- Ballroom Instructor: Judy Curtis
 3/5 – 5/21 M 5:30 – 6:30 PM \$44/\$35 21860311
 3/7 – 5/23 W 8:15 – 9:00 AM \$37/\$30 21860312

Beginning Line Dance

Age: 55 yrs. and older priority, 18 – 54 yrs. space available. Step up the pace in this beginning class. Learn more steps while perfecting the vine, weave and shuffle. This class is for dancers who have some line dance experience. \$5/daily drop-in.

Location: MRC- Ballroom Instructor: Judy Curtis
 3/7 – 5/23 W 9:00 – 10:00 AM \$44/\$35 21860411

Advanced Beginning Line Dance

Age: 55 yrs. and older priority; 18 – 54 yrs. space available. This dance level will build on your endurance and memory by using steps already learned in different combinations to faster music thus increasing your cardio and calorie output. \$5/daily drop-in.

Location: MRC- Ballroom Instructor: Judy Curtis
 3/7 – 5/31 W 10:15 – 11:15 AM \$44/\$35 21860611

Piano Lessons

Age: 55 yrs. and older priority, 18 – 54 yrs. space available. From the beginning class through each progressing level, you will learn all of the basics needed to play whatever songs or pieces you want. The class works in piano and music theory books, along with supplemental music and pieces chosen by the students. Purchase the Alfred *Adult All-in-One* book that is appropriate for your skill level. This book can be found at the Music Box and costs approximately \$15.

Location: MRC-Eldorado Instructor: Gail Hamilton

ADVANCED PIANO
 3/9 – 3/30 F 9:00 – 10:00 AM \$33/\$26 21861411
 4/6 – 4/27 F 9:00 – 10:00 AM \$33/\$26 21861412
 5/4 – 5/25 F 9:00 – 10:00 AM \$33/\$26 21861413

INTERMEDIATE PIANO
 3/9 – 3/30 F 11:00 AM – NOON \$33/\$26 21861511
 4/6 – 4/27 F 11:00 AM – NOON \$33/\$26 21861512
 5/4 – 5/25 F 11:00 AM – NOON \$33/\$26 21861513

BEGINNING PIANO
 3/9 – 3/20 F 12:45 – 1:45 PM \$33/\$26 21861711
 4/6 – 4/27 F 12:45 – 1:45 PM \$33/\$26 21861712
 5/4 – 5/25 F 12:45 – 1:45 PM \$33/\$26 21861713

Music Theory

This class takes a closer look into how music is made. Scale patterns, key signatures, intervals, chords, harmony, and rhythm are explored. After integration, the mystery of music dissolves leaving space for expanding into how to play piano by ear, creating personal arrangements, and having fun.

Location: MRC-Eldorado Instructor: Gail Hamilton
 3/9 – 3/30 F 10:00 – 11:00 AM \$24/\$20 21861811
 4/6 – 4/27 F 10:00 – 11:00 AM \$24/\$20 21861812
 5/4 – 5/25 F 10:00 – 11:00 AM \$24/\$20 21861813

NEW Beginning Voice

Age: 55 yrs. and older priority, 18 – 54 space available. Enjoy singing with others while learning fundamental vocal skills. All experience levels are welcome. No books required.

Location: MRC-Eldorado Instructor: Gail Hamilton
 3/9 – 3/30 F 1:45 – 2:45 PM \$24/\$20 21861911
 5/14 – 5/25 F 1:45 – 2:45 PM \$24/\$20 21861912

NEW Beginning Autoharp

Age: 55 yrs. and older priority, 18 – 54 yrs. space available. These classes focus on teaching basic concepts—how to strum, read chords, and play simple songs. Students can choose supplemental pieces throughout the course; however, book and music selections will be determined on an individual basis.

Location: MRC-Eldorado Instructor: Gail Hamilton
 4/6 – 4/27 F 1:45 – 2:45 PM \$24/\$20 21862011

ARTS & CRAFTS

Program Administrator: Shelly Fritz-Pelle • sfritz@englewoodco.gov • 303-762-2660

Chocolate & Canvas

Age: 10 yrs. and older

Participants follow along step-by-step to complete their own beautiful painting. We provide the supplies and walk you through each step of the painting process. Material Fee: \$20 per class, payable to instructor.

Projects: March – Waterfall; April – Van Gogh; May – Glow in the Dark

Location: MRC-Lookout Mtn. Art Room Instructor: Lannie Pihajilic
 3/21 W 6:00 – 8:00 PM \$13/\$10 21750611
 4/18 W 6:00 – 8:00 PM \$13/\$10 21750612
 5/16 W 6:00 – 8:00 PM \$13/\$10 21750613

BYOC Crafters Group

Do you start projects and have difficulty finishing them? If you answered “yes” then this group is perfect for you! Bring your supplies and join others who love to craft too! Large tables and sewing machines are provided.

Location: MRC-Lookout Mtn. Art Room
 3/5 – 5/21 M 1:00 – 3:00 PM \$13/\$10 21760611

Water Media Art

Watercolors and acrylics are taught in this versatile and exciting art class that is full of wonderful surprises! Bring your own paper, paint and brushes.

Location: MRC-Lookout Mtn. Art Room Instructor: Eileen Hoffman
 3/7 – 4/11 W 10:00 AM – NOON \$53/\$42 21761611
 4/18 – 5/23 W 10:00 AM – NOON \$53/\$42 21761612

Drawing Class

Learn how to draw anything you like with this class! Learn about composition, lines, shapes and the secret of lights, darks, blending and shadowing. Bring a 2B or soft lead pencil, colored pencils, erasers and a sketchbook to class. All skill levels are welcome.

Location: MRC-Lookout Mtn. Art Room Instructor: Eileen Hoffman
 3/8 – 4/12 Th 9:30 – 11:30 AM \$66/\$53 21760511
 4/19 – 5/24 Th 9:30 – 11:30 AM \$66/\$53 21761011
 3/8 – 4/12 Th 1:00 – 2:45 PM \$58/\$46 21760512
 4/19 – 5/24 Th 1:00 – 2:45 PM \$58/\$46 21761012

Bunka Embroidery

Bunka embroidery is sometimes called Japanese thread painting and the finished picture frequently resembles an oil painting. Learn about this needlework technique that is easy to learn and is done with a punch needle and a unique thread from Japan. Initial supplies cost \$35 – \$50 and are available from the instructor.

Location: MRC-Flatirons Instructor: Jacque Souther
 3/10 – 5/12 Sa 9:00 – 11:00 AM \$44/\$35 21751611
 3/10 – 5/12 Sa 9:00 AM – NOON \$50/\$40 21751612

Knitting

Create new projects while learning new stitches and techniques with this knitting class. This class is for all skill levels. Supply list at the first class.

Location: MRC-Lookout Mtn. Art Room Instructor: Megan Gold
 3/6 – 3/20 Tu 5:30 – 7:30 PM \$33/\$26 21750511
 4/3 – 4/17 Tu 5:30 – 7:30 PM \$33/\$26 21750512
 5/11 – 5/15 Tu 5:30 – 7:30 PM \$33/\$26 21750513

Encaustics Art

Learn to make your own greeting cards using an ancient Egyptian art form that involves heating colored wax with a small iron and applying it to a heavy glossy paper. You'll leave the class with 5 different cards and an 8 x 10" picture. Material Fee: \$25 payable to the instructor.

Instructor: Camille Scott
 3/10 Sa 9:30 AM – 12:30 PM \$15/\$12 21760111
 5/17 Th 1:00 – 4:00 PM \$15/\$12 21760112

NEW Beginning Machine Sewing – Pillow

If you're new to sewing, this is the class for you. Learn how to use a sewing machine, use different tools to cut fabric, and sewing vocabulary while you create a fun pillow. Material fee: \$35 payable to the instructor.

Location: MRC-Lookout Mtn. Art Room Instructor: Jennifer Berger
 3/17 Sa 9:00 – 11:30 AM \$13/\$10 21751614
 4/28 Sa 9:00 – 11:30 AM \$13/\$10 21751615

Creative Pottery

Use different methods of hand building and/or sculpting to create three different pieces of art. No matter what skill level you are, you'll enjoy this pottery class. Material fee: \$15 per 12 lbs. of clay, payable to instructor.

Location: MRC-Lookout Mtn. Art Room Instructor: Michael McGrath
 3/6 – 4/10 Tu 1:00 – 3:00 PM \$72/\$67 21760211
 4/17 – 5/22 Tu 1:00 – 3:00 PM \$72/\$67 21760212

NEW Figure Sculpture Class

Learn the art of figure sculpture with this new class using modeling clay, skeletons and sculpting tools. Material fee: \$35 payable to the instructor.

Location: MRC-Lookout Mtn. Art Room Instructor: Michael McGrath
 3/6 – 4/10 Tu 10:00 AM – NOON \$72/\$67 21760214

NEW Leatherworking

Learn about the art of leatherworking including what tools to use. All skill levels welcome and students can expect to end the class with beautiful designs. Material fee: \$50 payable to instructor.

Location: MRC-Lookout Mtn. Art Room Instructor: Michael McGrath
 4/17 – 5/22 Tu 10:00 AM – NOON \$72/\$67 21760711



COMPUTER / TECH CLASSES

Computer Classes: 303-762-2555 • Personal Computer Training: 303-762-2660

PLEASE NOTE: Computer classes take place in the Englewood Public Library. Registration required: 303-762-2555. All computer classes in the library are free of charge. For fee-based, one-on-one computer training, please see Personal Computer Training.

Smartphones: What's the Deal?

Learn about the useful reasons to own a smartphone and some of the fun stuff too. NO computer experience required. No registration required.

3/3 Sa 10:30 AM – NOON ANDERSON ROOM

Facebook: Wanna Be Friends?

Join us to learn some of the reasons so many people use Facebook, get your questions answered and, if you'd like, sign up for a free account. Use one of our computers or bring your personal device. Registration required.

3/21 W 6:30 – 8:00 PM LIBRARY TECH LAB
5/5 Sa 10:30 AM – NOON LIBRARY TECH LAB

eLibrary: Doing Downloadables

Step into the wonderful world of eResources! Learn about downloading audiobooks, eBooks, eMagazines, music and streaming movies using Hoopla. No registration is required.

4/7 Sa 10:30 AM – NOON ANDERSON ROOM

Declutter Your Desktop

Do you have trouble finding that file you just created? Join us to learn how to organize your files and photos on your computer so you can find what you're looking for. Use one of our computers or bring your personal device. Registration is required.

4/18 W 6:30 – 8:00 PM LIBRARY TECH LAB

Computer Basics – Getting Started

Learn the basics of using a computer and practice using a mouse. NO computer experience required. Registration required.

5/16 W 6:30 – 8:00 PM LIBRARY TECH LAB

Open Tech Labs

Get help with job applications, resumes, Microsoft Office, eBooks and more.

M & Sa 10:30 AM – 12:30 PM
Th 4:30 – 6:30 PM
F & Su 2:30 – 4:30 PM

Personal Computer Training

Need extra help with a computer challenge? We offer personalized help with email, photos, Excel, using your smartphone, or other computer-related programs. Call 303-762-2660 to make an appointment.

Location: Malley Center.

Each session is 60 minutes

Private			
Fee	1 Session	\$44	FMCOMNR1
	3 Sessions	\$120	FMCOMNR3
	5 Sessions	\$189	FMCOMNR5
Res. Fee	1 Session	\$40	FMCOMRE1
	3 Sessions	\$112	FMCOMRE3
	5 Sessions	\$175	FMCOMRE5
Semi-Private (2 – 3 people)			
Fee	1 Session	\$58	FMCOSNR1
	3 Sessions	\$148	FMCOSNR3
	5 Sessions	\$224	FMCOSNR5
Res. Fee	1 Session	\$50	FMCOSRE1
	3 Sessions	\$130	FMCOSRE3
	5 Sessions	\$201	FMCOSRE5





BROKEN TEE GOLF COURSE

Broken Tee Golf Course • 303-762-2670 • 2101 W. Oxford Ave. • brokenteegolf.com

Englewood Parks and Recreation presents one of the finest public golf facilities in the Rocky Mountain region – Broken Tee Golf Course.

This golf complex offers:

- Championship 18-hole course with Dye design front 9
- Par 3 course with multiple tee boxes – a challenge for the serious golfer or simple fun for the entire family
- Large driving range and one of the best practice areas in Metro Denver
- Offering FootGolf on the Par 3 course

Broken Tee was named “Best Course for Families” (staff pick), “Best Practice Facility” (staff pick), and “Best Course for Seniors” (staff pick) In a 2017 issue of *Colorado Avid Golfer* magazine featuring “Best of Colorado” golf courses.

Advance Tee Times

Call 303-762-2670 after 2:00 PM, or book your tee times online. Resident, 7 days in advance and Non-Resident, 6 days in advance. Visit the website for current pricing of green fees, carts and driving range ball buckets.

Hole N' One Junior Golf

Be a part of our award-winning Hole N' One Junior Golf Program this summer for ages 5 – 15 years old! We focus on rules, etiquette, short and long game instruction with an emphasis on fun. Children learn and build on fundamentals of golf in a positive environment with top-quality instruction.

Choose from three different time options each week:

Week One Options: June 4, 5, 6, 7 and 8

8:30 – 9:30 AM	M – F	\$80/\$75	22430411
9:35 – 10:35 AM	M – F	\$80/\$75	22430412
10:40 – 11:40 AM	M – F	\$80/\$75	22430413

Week Two Options: June 11, 12, 13, 14 and 15

8:30 – 9:30 AM	M – F	\$80/\$75	22430422
9:35 – 10:35 AM	M – F	\$80/\$75	22430423
10:40 – 11:40 AM	M – F	\$80/\$75	22430424

Lessons on Monday through Thursday will be held at Broken Tee Golf Course's driving range and practice area. Lessons on Friday will be held at Colorado Journey Miniature Golf: 5150 S. Windermere, Littleton, CO. Fee: \$80 Non-Resident, \$75 Resident (Must have valid Resident ID card).

As an extra bonus and part of this program, join us on Wednesday, June 20, for a Golf Day Celebration! All participants and their families are welcome from 11:00 AM – 2:00 PM for a BBQ, games, contests, drawings and much more!

Plan on CELEBRATING GOLF by joining in the 4-Person Family Scramble Shotgun on the Par 3 course at 9:00 AM for a minimum cost!

CELEBRATE GOLF AT BROKEN TEE ON JUNE 20!

Join us for the 2nd Annual Celebrate Golf Tournament! You won't want to miss out on games, contests, activities and more!

2-Person Scramble Tournament

For those golfers with more experience and who want to play 18 holes. All tournament players will have a chance to win a new car, vacation getaways, free rounds of golf and more!

8:00 AM shotgun start, \$59 per player

4-Person Family Scramble Tournament

For families with beginner golfers or less experience, join in on a fun family shotgun on the Par 3, 9-hole course.

9:00 AM shotgun start, \$20 per player over 18 or \$15 per player 18 and under. Must have a valid driver's license to drive golf carts.

Tournament fees include: Green fees, cart, warm up bucket, breakfast burritos, contests on course, and a BBQ lunch at the conclusion of the tournament.

For those just wanting to learn more about golf, join in on the fun at the driving range and practice area from 11:00 AM – 2:00 PM

More details to come at brokenteegolf.com



ACTIVE KIDS

Program Administrator: Sara Stant • sstant@englewoodco.gov • 303-762-2694

Toddler & Me Dance

Toddler & Me dance classes are for children ages 2 to 3 years. Music, movement, balance and basic dance steps are introduced in a fun, friendly and positive atmosphere. This class also includes mom, dad or another loved one who participates with the little dancer. Our teachers will keep the music and curriculum moving along while parents take an active role in encouraging, supporting and keeping the little dancer on track. This program is not included in the recital.

Location: Englewood Rec Center-A.A.#1

3/3 – 3/31	Sa	9:15 – 9:45 AM	\$22/\$18	21820001
4/7 – 4/28	Sa	9:15 – 9:45 AM	\$22/\$18	21820002
5/5 – 5/26	Sa	9:15 – 9:45 AM	\$22/\$18	21820003

PeeWee Dance

PeeWee dance classes are focused on dance techniques, safety, fun, movement, coordination, and self-esteem. Dancers develop the basics of tap, jazz and ballet steps while learning how to follow directions and work with others. Classes focus on dance fundamentals and technique building up to the summer and fall seasons, which include a recital. Parents of children who may require help changing their shoes are asked to remain outside of the classroom to assist with a mid-class shoe change.

Location: Englewood Rec Center-A.A.#1

Youth Dance

Youth dance classes are designed to help your child become a well-rounded dancer in several different styles of dance including tap, jazz, hip-hop, and ballet in a fun and energetic class! Classes focus on dance fundamentals and technique, building up to the summer and fall seasons, which include a recital. Beginner classes are designed to teach the basic fundamentals and technique. Recitals during summer and fall season classes require a costume rental fee, which is usually \$15 for three costumes. Costume rental fee is not included in the class participation fee.

Location: Englewood Rec Center-A.A.#1

Theater 360

Ages 10 – 14

Theater 360 encourages confidence by building theatre and life skills in a fun and supportive environment where it is easy to make new friends. In this class, the theatre process, rather than the end product, is emphasized. Theatre skills and beginning terminology are taught using developmentally-appropriate activities. Students will learn valuable life skills including self-confidence, how to be part of a team, and how to be creative collaborators.

Location: Englewood Rec Center-A.A.#2 Instructor: Amy Pyne

3/1 – 4/5	Th	4:15 – 5:30 PM	\$38/\$32	21931511
4/12 – 5/24	Th	4:15 – 5:30 PM	\$38/\$32	21931512

Toddler & Me Tumbling

Does your 18- to 38-month-old need a place to explore, play and let out some energy in a fun and safe environment? Register for this class that teaches you and your child simple tumbling skills, all while meeting new friends.

Location: Englewood Rec Center-A.A. #2

Tumbling Tykes

Tumbling Tykes is a class for kids ages 3 – 4 years. This interactive class will enhance young tumblers' balance and strength and will help them learn beginning tumbling skills.

Location: Englewood Rec Center-A.A. #2

Gymnast Jubilee

Gymnast Jubilee is a class for kids ages 4 – 6 years and will help them take their tumbling to the next level. Kids will learn rolls, cartwheels and balance all while having a blast and meeting new friends. While this class is designed for children to take independently, parents are asked to remain in the building.

Location: Englewood Rec Center-A.A. #2

Check out p. 35
for PeeWee Athletic Classes

BALLET, TAP & JAZZ

Class	Activity #	Age Group	Dates	Days	Time	Location	Fee	Res Fee
PeeWee Dance	21820111	2½ – 3 yrs	3/7 – 4/18	W	4:00 – 4:45 PM	ERC-AA1	\$40	\$32
	21820121	2½ – 3 yrs	4/25 – 5/30	W	4:00 – 4:45 PM	ERC-AA1	\$40	\$32
	21820112	2½ – 3 yrs	3/10 – 4/21	Sa	9:45 – 10:30 AM	ERC-AA1	\$40	\$32
	21820122	2½ – 3 yrs	4/28 – 6/2	Sa	9:45 – 10:30 AM	ERC-AA1	\$40	\$32
	21820113	3 – 5 yrs	3/7 – 4/18	W	4:45 – 5:30 PM	ERC-AA1	\$40	\$32
	21820123	3 – 5 yrs	4/25 – 5/30	W	4:45 – 5:30 PM	ERC-AA1	\$40	\$32
	21820115	3 – 5 yrs	3/10 – 4/21	Sa	10:45 – 11:30 AM	ERC-AA1	\$40	\$32
	21820124	3 – 5 yrs	4/28 – 6/2	Sa	10:45 – 11:30 AM	ERC-AA1	\$40	\$32
Youth Dance	21820211	6 – 8 yrs	3/7 – 4/18	W	5:30 – 6:30 PM	ERC-AA1	\$46	\$37
	21820221	6 – 8 yrs	4/25 – 5/30	W	5:30 – 6:30 PM	ERC-AA1	\$46	\$37
	21820212	6 – 8 yrs	3/10 – 4/21	Sa	11:30 AM – 12:30 PM	ERC-AA1	\$46	\$37
	21820222	6 – 8 yrs	4/28 – 6/2	Sa	11:30 AM – 12:30 PM	ERC-AA1	\$46	\$37

ACTIVE KIDS

Class	Activity #	Age Group	Dates	Days	Time	Location	Fee	Res Fee
Ma/Pa Tumbling	22310111	18 – 36 mos	3/3 – 3/24	Sa	8:30 – 9:00 AM	ERC-AA2	\$22	\$18
	22310112	18 – 36 mos	4/7 – 4/28	Sa	8:30 – 9:00 AM	ERC-AA2	\$22	\$18
	22310113	18 – 36 mos	5/5 – 5/26	Sa	8:30 – 9:00 AM	ERC-AA2	\$22	\$18
Tumbling Tykes	22320211	3 – 4 yrs	3/3 – 3/24	Sa	9:00 – 9:45 AM	ERC-AA2	\$27	\$21
	22320212	3 – 4 yrs	4/7 – 4/28	Sa	9:00 – 9:45 AM	ERC-AA2	\$27	\$21
	22320213	3 – 4 yrs	5/5 – 5/26	Sa	9:00 – 9:45 AM	ERC-AA3	\$27	\$21
Gymnast Jubilee	22320311	4 – 6 yrs	3/3 – 3/24	Sa	9:45 – 10:30 AM	ERC-AA2	\$27	\$21
	22320312	4 – 6 yrs	4/7 – 4/28	Sa	9:45 – 10:30 AM	ERC-AA2	\$27	\$21
	22320313	4-6 yrs	5/5 – 5/26	Sa	9:45 – 10:30 AM	ERC-AA3	\$27	\$21

Englewood Recreation Center Drop-in Child Care

Conveniently located on site at the Englewood Recreation Center, drop-in child care offers a fun environment for children 6 months to 8 years to enjoy while parents/guardians utilize the Recreation Center.

Hours:

M – Th: 4:00 PM – 8:00 PM

Sa: 8:00 AM – 1:00 PM

Fees:

\$6 for up to 2 hours of care. Discounted rate of \$5 for up to 2 hours for residents.



Summer Drama Auditions!

Friday, 4/27 • 5:00 – 9:00 PM

Saturday, 4/28 • 9:30 AM – NOON

Calling all actors ages 8 to 98 to participate in the Englewood Summer Drama Program! The summer production will be a still-to-be-determined musical. If you are interested in auditioning, please prepare a one-minute song to perform. An accompanist will be available. If you'd like to learn more, call Sara, 303-762-2680 for more information or visit: englewoodco.gov/EnglewoodHappenings

Location: MRC

Save the Date: The Curtain raises 7/27, Fisher Auditorium, The Englewood Campus

GET READY FOR SUMMER!
See Summer Camp information on p. 41.



ENRICHMENT & EDUCATION

Program Administrator: Shelly Fritz-Pelle • sfritz@englewoodco.gov • 303-762-2660

Writing Your Own Will

In a single sitting, you'll be able to complete a simple will. You will also complete a living will, medical power of attorney and financial power of attorney all with the help of a licensed attorney. Fee includes all material, witnessing, notarizing, individual review and time for questions. You will find that you know all the information you need to complete your will. Bring your ID and a snack. Cost: \$100/payable to Rebecca Bennetti at the workshop.

Location: MRC-Eldorado

Instructor: Rebecca Bennetti

3/8	Th	1:00 – 4:30 PM	\$15/\$12	21460411
4/21	Sa	10:00 AM – 1:00 PM	\$15/\$12	21460412

Medicare 101

Making a decision can be hard! Attend this presentation and learn all your plan options and review the A, B, C and D's of Medicare. Allen will share important dates to remember and how to save money on prescriptions.

Location: MRC-Longs Peak

Instructor: Allen McGirl, McGirl Insurance

3/15	Th	1:30 – 3:30 PM	FREE	21460211
4/19	Th	6:00 – 8:00 PM	FREE	21460212
5/10	Th	1:30 – 3:30 PM	FREE	21460213

Long Term Care Costs

How are you going to pay for long-term care? Given the rising costs of long-term care, what can you do to preserve your estate and protect your assets? Come learn about care options and common ways to pay for care. We'll discuss the types of long-term care insurance available and key elements to consider in evaluating policies. We'll talk about how and when Medicaid can be part of your planning.

Location: MRC-Flatirons

Instructor: Ryan Scott, Glatstein & O'Brein LLP

3/13	Tu	10:30 – 11:30 AM	FREE	21460811
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Wills, Trusts & Power of Attorney

Planning for disability and death can give you peace of mind, reduce burdens for your loved ones, and help you leave a legacy instead of a mess. Learn about some of the tools available to you, including powers of attorney, advance medical directives, wills, and trusts. We'll also touch on the probate process and long-term care considerations.

Location: MRC-Eldorado

Instructor: Ryan Scott, Glatstein & O'Brein LLP

4/9	M	6:00 – 8:00 PM	FREE	21460611
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Adult/Pediatric CPR/AED

This class is for the layperson/volunteer who needs a traditional CPR/AED certification. Participants will learn how to recognize a cardiac emergency, act appropriately, and respond with current first aid and CPR protocols. Participants will receive a 2-year certification card for adult/pediatric/infant CPRT and reference materials. The cost is \$30 per person. Please register at www.cofirstaid.ezregister.com.

Location: MRC

4/14	Sa	8:30 – 10:30 AM	\$30	
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First Aid plus Adult/Pediatric CPR/AED

This class is for the layperson/volunteer who needs a traditional CPR/AED certification and basic first aid techniques for home and office. Participants will learn how to recognize an emergency, act appropriately, and respond with current first aid and CPR protocols. Participants will receive a 2-year certification card for adult/pediatric/infant CPRT and reference materials. The cost is \$45 per person. Please register at cofirstaid.ezregister.com.

Location: MRC

4/14	Sa	8:30 AM – 4:30 PM	\$45	
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Advanced First Aid/Remote Care

This class teaches the first aid you need to handle issues, illness, and injuries in remote or wilderness areas. First aid techniques in this class are more advanced than a standard first aid course. This first aid works anywhere, as you also learn the traditional "rapid" response protocols for everyday situations at the home or office. CPR/AED certification is included, for both adult and pediatric CPR. The cost is \$130 per person. Please register at cofirstaid.ezregister.com.

Location: MRC

4/28 – 4/29	Sa & Su	8:00 AM – 5:00 PM	\$130	
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Stress-Busting Foods

Running on empty? Feeling frazzled, exhausted and burned out? You can reduce your stress levels using nutrition. Discover how to achieve consistent energy and moods throughout the day. Learn which foods support brain health and which minerals and nutrients are depleted during times of stress. Develop your personal stress reduction plan to gain the upper hand on stress!

Location: MRC-Eldorado

Instructor: Marva Jolly, PE, MNT

5/14	M	1:30 – 3:00 PM	\$15/\$12	21450512
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The Probate Process

What do you do when someone passes away? Do you need to open probate? If you are the personal representative or executor of the estate, what will be expected of you? What should you know if you are a beneficiary? We'll answer these questions and talk about some of the tools available to you to avoid probate of your estate.

Location: MRC-Eldorado

Instructor: Ryan Scott; Ryan Scott, Glatstein & O'Brein LLP

5/17	Th	1:00 – 2:30 PM	FREE	21460711
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Basic Bridge Lessons

Come learn this fun and challenging game! This series teaches the basics of the game in a relaxed non-competitive atmosphere. Bidding, card play, and defense are taught with an emphasis on the enjoyable features of the game. Whether you are brand new or you have learned Bridge before, but it's been a while, this is a chance to update your skills.

Location: MRC-Longs Peak

Instructor: Jim Buck

3/7 – 4/11	W	1:00 – 3:00 PM	\$50/\$40	21465111
4/18 – 5/23	W	1:00 – 3:00 PM	\$50/\$40	21465112

Continuing Bridge Lessons

Take your Bridge playing to the next level. This class is designed for those who have been learning the game for a while and want a new challenge. Class includes instruction on play and defense, bidding skills, some lecture and supervised playing.

Location: MRC-Longs Peak

Instructor: Jim Buck

3/7 – 4/11	W	10:00 AM – NOON	\$50/\$40	21465011
4/18 – 5/23	W	10:00 AM – NOON	\$50/\$40	21465012

Español for Beginners

¿Que pasó? In this introductory Spanish class you will learn phrases and vocabulary. Practice pronunciation and have simple conversations with your classmates. Printed learning materials are provided.

Location: MRC-Eldorado

Instructor: Rissa Dickey

3/6 – 4/10	Tu	9:00 – 10:00 AM	\$41/\$33	21465411
4/17 – 5/22	Tu	9:00 – 10:00 AM	\$41/\$33	21465412

Spanish, the Next Level

This next level class includes expanding your vocabulary with dialogue or conversation. We will review and work on the most commonly used verbs. As always, we will keep it fun, interactive and simple. Printed learning materials are provided.

Location: MRC-Eldorado

Instructor: Rissa Dickey

3/6 – 4/10	Tu	10:00 – 11:15 AM	\$52/\$41	21465511
4/17 – 5/22	Tu	10:00 – 11:15 AM	\$52/\$41	21465512

Spanish III

¡Bienvenidos! Continue to sharpen your Spanish speaking skills. This interactive class builds further on what you have learned. You will focus on more complex forms of conversation, using proper grammar, pronunciation, and a variety of new vocabulary. A background in Spanish is recommended.

Location: MRC-Flatirons

Instructor: Jean Kunkel

3/5 – 5/21	M	8:30 – 10:30 AM	\$70/\$56	21465611
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Active Minds

Participate in this mind-stimulating program that delves into a current topic of interest in the world. Deepen your understanding and engage in thoughtful discussion of how the events have changed the world. You are guaranteed to leave with eye-opening insights and understanding! Active Minds is a Denver based organization that provides instructor-lead educational seminars for seniors. Monthly topics are announced at the beginning of each month and determined upon what is happening in the world. Please sign up at the Front Desk.

Location: MRC-Flatirons

Instructor: Active Minds Instructor

3/23	F	10:00 – 11:00 AM	FREE	
4/27	F	10:00 – 11:00 AM	FREE	
5/25	F	10:00 – 11:00 AM	FREE	

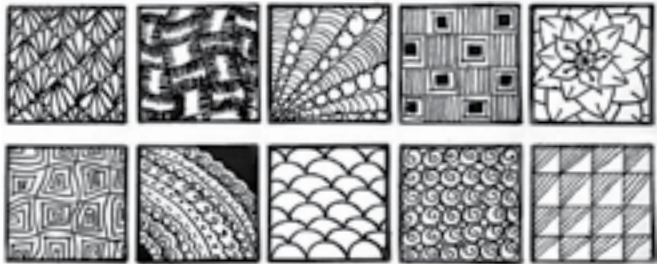
Basic Nutritional Strategies in the Kitchen

Sometimes we need to cook for better health. Learn how to incorporate more vegetables into your menus and dishes. You'll even get to create a couple of dishes with more vegetables in this class.

Location: MRC-Kitchen

Instructor: Marva Jolly, PE, MNT

4/17	Tu	3:30 – 5:30 PM	\$15/\$12	21450511
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NEW Tangle, Tangle, Tangle!

Unleash your inner artist through the Zentangle method. The belief that "anything is possible one stroke at a time" will become your belief as you experience firsthand your ability to take a pattern, break it down and create beautiful artwork! Different patterns will be taught in each class. Whether this is your first time or you're a repeat student, all are welcome. Materials used are simple and portable making this a great tool to take with you anywhere and use any time. Material Fee: \$20 payable to the instructor.

Location: MRC-Lookout Mtn. Art Room Instructor: Susan Michalakes

3/12	M	9:30 – 11:30 AM	\$13/\$10	21750614
4/14	Sa	10:00 AM – NOON	\$13/\$10	21750615

NEW Spill It! Creative Art Journaling Workshop

We all have a story. Let's add some flair to life, and maybe even a little healing, through creative journaling. You will create and bind your own art journal using Coptic stitch and high-quality watercolor paper. Then, you will be able to explore several different art techniques, using paints, paper and other art supplies. Let's "Spill It" together and mess up our fresh journals, after all, life is messy! Material Fee: \$25 payable to instructor.

Location: MRC-Lookout Mtn. Art Room Instructor: Stacey Schwartz

4/16 – 4/30	M	6:00 – 9:00 PM	\$13/\$10	21750616
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ADULT ATHLETICS

Contact Lindsay at Lpeterson@englewoodco.gov or 303-762-2697.

Adult Summer Softball Leagues

Ages 18+. Thursday Men's Rec, Thursday Men's Comp. Deadline to register is by 5/4 or before leagues are full.

STARTS 5/17	Th	10 GAMES + TOURNAMENT	\$610/\$575	32354011
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Adult Men's Fast Pitch Softball League

Ages 18+. Deadline to register is by 5/11 or before leagues are full.

STARTS 5/22	Tu	8 GAMES + TOURNAMENT	\$660/\$625	32354012
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Men's Adult Basketball Leagues

Ages 18+. Sunday Men's Rec, Sunday Men's Comp, Monday Men's Rec, Monday Men's Comp. Deadline to register is 3/30 or before leagues are full. Summer leagues are scheduled to start mid-July.

STARTS WEEK OF 4/8	Su, M	8 GAMES + TOURNAMENT	\$430/\$395	22352011
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Adult Outdoor Volleyball Leagues

Ages 16+. Coed 4's on Tuesday nights at Cushing Park. Women's 4's on Wednesday nights at Cushing Park. Deadline to register is 5/25.

STARTS 6/5 & 6/6	Tu, W	8 GAMES + TOURNAMENT	\$145/\$120	32350012
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Girl's High School Volleyball League

Varsity teams play on Tuesday nights. JV and Freshman teams play on Thursday nights. All leagues are held at ERC. \$225 per team – team registrations only. Deadline to register is 5/25.

STARTS 6/5 & 6/7	Tu, Th	8 GAMES + TOURNAMENT	\$225/team	32330711
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Looking to join a team or need a few more players to complete your team? Join the Free Agent List! Contact Lindsay at Lpeterson@englewoodco.gov or 303-762-2697. More information is available at teamsideline.com/englewoodrec.

RACQUET SPORTS

Class	Activity #	Ages	Date	Day	Time	Location	Fee	Res Fee	Reg Deadline
Private Racquetball Lessons	22357211	16+	ONGOING	VARY	VARY	ERC	\$26	\$21	ONGOING
Youth Beginner Tennis Lessons	22356010	6 – 15 yrs	5/1 – 5/24	Tu & Th	5:00 – 6:00 PM	BELLEVUE PARK	\$35	\$28	4/27
	32356009	6 – 15 yrs	6/5 – 6/28	Tu & Th	5:00 – 6:00 PM	EHS	\$35	\$28	6/1
Adult Tennis Lessons (Beginner)	22356011	16+	5/1 – 5/24	Tu & Th	6:00 – 7:00 PM	BELLEVUE PARK	\$35	\$28	4/27
	32356013	16+	6/5 – 6/28	Tu & Th	6:00 – 7:00 PM	EHS	\$35	\$28	6/1
Adult Tennis Lessons (Intermediate)	22356012	16+	5/1 – 5/24	Tu & Th	7:00 – 8:00 PM	BELLEVUE PARK	\$35	\$28	4/28
	32356014	16+	6/5 – 6/28	Tu & Th	7:00 – 8:00 PM	EHS	\$35	\$28	6/1

EHS = Englewood High School Tennis Courts, 3800 S. Logan St.

Pickleball 101

Looking to learn how to play the fastest growing sport in America? Pickleball 101 is your opportunity to learn the ins and outs of Pickleball.

Intermediate Pickleball Clinic

If you've played some Pickleball and learned the basics but want to increase your skills and knowledge of the sport then this is the class for you. You'll meet twice each week for two weeks.

PICKLEBALL CLASSES

Class	Activity #	Ages	Date	Day	Time	Location	Fee	Res Fee	Reg Deadline
Pickleball 101	22358015	50+	3/16	F	10:00 AM – NOON	COLORADO'S FINEST HIGH SCHOOL OF CHOICE (CFHSC)	\$5	\$3	3/14
	22358016	50+	4/21	Sa	3:00 – 5:00 PM		\$5	\$3	4/18
	22358017	50+	5/19	Sa	10:00 AM – NOON		\$5	\$3	5/16
Intermediate Pickleball Clinic	22358112	50+	3/20 – 3/29	Tu & Th	10:00 AM – NOON	CFHSC	\$26	\$20	



YOUTH ATHLETICS

Contact Lindsay at 303-762-2697 or Lpeterson@englewoodco.gov for more information.



PIRATE YOUTH SPORTS

Building community, tradition and excellence! Our vision is to develop the community of Englewood and its youth through high-quality youth sports programs.

BASEBALL • BASKETBALL • CHEERLEADING • FOOTBALL • LACROSSE • SOFTBALL • VOLLEYBALL • WRESTLING

Register for all spring youth sports at pirateyouthsports.com

Contact us at president@pirateyouthsports.com or 303-907-3667

Englewood Soccer Association

Englewood Soccer is ready to begin the Spring 2018 Season!

Practices are usually two nights a week depending on the coach and team. Practices are held at various parks throughout Englewood. Games are every Saturday at various parks throughout the Denver Metro Area. Games will begin in March. If you're interested in participating, register online at Englewoodsoccer.org. If you have any questions please contact us at 303-669-0402 or englewoodsoccer@live.com.



Peewee Athletics Classes

In these four week long sessions, you and your child will learn basic skills of the sport along with teamwork and sportsmanship. Parents can play an active role in the class. Wear comfortable clothes, closed-toed shoes, sunscreen and bring water and be ready for a lot of fun!

PEEWEE ATHLETICS CLASSES

Class	Activity #	Ages	Dates	Days	Time	Location	Fee	Res Fee	Reg Deadline
Little Kickers Soccer	22331011	3 – 5 YEARS	3/3 – 3/24	Sa	8:30 – 9:15 AM	DUNCAN PARK	\$50	\$40	3/1
	22331012	3 – 5 YEARS	4/7 – 4/28	Sa	8:30 – 9:15 AM	DUNCAN PARK	\$50	\$40	3/29
Little Sluggers T-Ball	22331111	3 – 5 YEARS	3/3 – 3/24	Sa	9:30 – 10:15 AM	DUNCAN PARK	\$50	\$40	3/1
	22331112	3 – 5 YEARS	4/7 – 4/28	Sa	9:30 – 10:15 AM	DUNCAN PARK	\$50	\$40	3/29
Sport Sampler*	22331211	3 – 5 YEARS	3/3 – 3/24	Sa	10:45 – 11:30 AM	DUNCAN PARK	\$50	\$40	3/1
	22331212	3 – 5 YEARS	4/7 – 4/28	Sa	10:45 – 11:30 AM	DUNCAN PARK	\$50	\$40	3/29

*Kids will learn a different sport each week including soccer, t-ball, flag football, and basketball.

To register for the Peewee Athletic Classes and Racquet Sports, go to www.englewoodco.gov/register and click the Athletics box. Contact Lindsay at Lpeterson@englewoodco.gov or 303-762-2697 for more information about the Peewee Athletic Classes or Racquet Sports.

Check out p. 30
for Active Kids programs!

AQUATICS

Program Administrator: Kathy Wallace • kwallace@englewoodco.gov • 303-762-2679
Facility Supervisor: Brad Anderson • banderson@englewoodco.gov • 303-762-2659

Hours

M–Th: 5:30 AM – 9:30 PM
F: 5:30 AM – 7:45 PM
Sa/Su: 8:00 AM – 4:30 PM

Pool Safety Guidelines

Children under 8 years old must be directly supervised by an adult in the pool area. Adults must provide in-water supervision of children unable to pass the swim test.

**Supervise your children! No diving.
No breath-holding, please.**

The Swim Test

Children under 8 years old must be able to swim 10 meters by themselves to go down the big slide or to be out of reach of an adult.

Pool Features

- 8 lanes, 25 meters
- Body slide (must pass a swim test)
- 2 – 3 ft. shallow children’s area with easy access stairs
- Small slides
- Family Changing Rooms
- Dry Sauna 180 – 200°
- ADA Accessible
- Pool temp 86° year-round

Rec Swim

Gather the troops and head on down for an afternoon of fun. Toss the ball, dive for rings, or take a ride down the slides. Big slide is available upon request M – F. Rec Swim is not available Saturday mornings.

Lap Swim

1 – 2 lanes are available most days and times. 2 swimmers, split the lane. 3 or more, circle swim.



POOL SCHEDULE

CLASS	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Masters			5:30 – 7:00 AM		5:30 – 7:00 AM		
Lap Swim (3 – 5 lanes)	8:00 AM – 1:00 PM	5:30 – 7:00 AM 10:00 AM – 1:00 PM	NOON – 1:00 PM	5:30 – 7:00 AM 10:00 AM – 1:00 PM	NOON – 1:00 PM	5:30 – 7:00 AM 11:00 AM – 1:00 PM	
Modified Lap (2 – 3 lanes)	1:00 – 4:30 PM	7:00 – 10:00 AM 1:00 – 9:30 PM	5:30 AM – NOON 1:00 – 9:30 PM	7:00 – 10:00 AM 1:00 – 9:30 PM	5:30 AM – NOON 1:00 – 9:30 PM	7:00 – 11:00 AM 1:00 – 9:30 PM	8:30 AM – 4:30 PM
Rec Swim	1:00 – 4:30 PM	1:00 – 4:30 PM 7:30 – 9:30 PM	1:00 – 4:30 PM 7:30 – 9:30 PM	1:00 – 4:30 PM 7:30 – 9:30 PM	1:00 – 4:30 PM 7:30 – 9:30 PM	1:00 – 4:30 PM 6:30 – 7:45 PM	1:00 – 4:30 PM
Water Fitness		7:00 – 8:00 AM 9:00 – 10:00 AM	8:00 AM – NOON 5:30 – 6:30 PM	7:00 – 8:00 AM 9:00 – 10:00 AM	8:00 AM – NOON 5:30 – 6:30 PM	7:00 – 11:00 AM	
Swim Lessons		5:00 – 7:15 PM	9:00 – 11:00 AM 5:00 – 7:15 PM	1:00 – 3:00 PM 5:00 – 7:15 PM	9:00 – 11:00 AM 5:00 – 7:15 PM		8:30 AM – NOON
Water Walking	ANYTIME	ANYTIME	ANYTIME	ANYTIME	ANYTIME	ANYTIME	ANYTIME
Swim Team	6:00 – 8:00 AM 5:00 – 6:00 PM	4:00 – 8:30 PM	4:00 – 8:30 PM	4:00 – 8:30 PM	4:00 – 8:30 PM	4:00 – 7:00 PM	7:00 – 8:30 AM 5:00 – 6:00 PM
Tot Area	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	NOON – 4:30 PM

Very limited lap lanes during swim lessons.

WATER FITNESS

Aqua HIIT

High intensity followed by active recovery = all gain with no pain.

Location: ERC POOL

Instructor: Sara Mize

3/6 – 3/27	Tu	5:30 – 6:30 PM	\$23/\$19/\$5	21250611
4/3 – 4/24	Tu	5:30 – 6:30 PM	\$23/\$19/\$5	21250621
5/1 – 5/22	Tu	5:30 – 6:30 PM	\$23/\$19/\$5	21250631

Aqua Power

Add water to your everyday routine and see the difference.

Location: ERC POOL

Instructor: Kathy Tabor

3/8 – 3/29	Th	5:30 – 6:30 PM	\$23/\$19/\$5	21250211
4/5 – 4/26	Th	5:30 – 6:30 PM	\$23/\$19/\$5	21250221
5/3 – 5/24	Th	5:30 – 6:30 PM	\$23/\$19/\$5	21250231

Senior Water Fitness

Rediscover the fountain of youth where splashing and smiling isn’t just for kids. Location: ERC POOL

3/5 – 5/25	M/W/F	7:00 – 7:45 AM	\$53/\$42/\$15	21260111	Christi
3/5 – 5/25	M/W/F	9:00 – 10:00 AM	\$53/\$42/\$15	21260112	Liz/Christi
3/6 – 5/25	Tu/Th/F	8:00 – 9:00 AM	\$53/\$42/\$15	21260113	Liz
3/6 – 5/25	Tu/Th/F	9:00 – 10:00 AM	\$53/\$42/\$15	21260114	Judy/Christi

Fees: Non-resident / Resident / SilverSneakers®

Splash Aqua

Splash offers fun, shallow-water movement to improve agility and flexibility while addressing cardiovascular, strength, and endurance conditioning.

Location: ERC POOL

Instructor: Sara Mize

3/6 – 5/25	Tu/Th/F	10:00 – 11:00 AM	\$53/\$42/\$15	11260311
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Arthritis Aqua

Do you suffer from arthritis? One of the best ways to control pain, increase flexibility, and improve daily function is through aquatic exercise.

Location: ERC POOL

Instructor: Christi Slade

3/6 – 5/25	Tu/Th	11:00 – NOON	\$53/\$42/\$15	11260211
	F	10:00 – 11:00 AM		

PARTY WITH US!

All parties include a host, paper products, lemonade, and your choice of cake & ice cream, or pizza.



Pool Parties

Ages 3 yrs & up

Saturdays & Sundays

12:30 PM or 2:30 PM

- All parties begin in the party room for 1 hour with your host, and end with unlimited swimming until close
- Parties for children under 8 years old require 3 – 5 adults actively supervising in the water with a swimsuit on.

\$135: 1 – 15 guests • \$150: 16 – 20 guests

Flip & Dip Parties

Ages 3 – 6 yrs

Sundays at 10:00 AM

- Kids will have a flipping good time that finishes with a splash! With this option, they’ll spend the first hour tumbling, spend one-hour in the party room and then head off to the pool for more fun.
- This party requires 3 adults actively supervising in the water with a swimsuit on.

\$185: 1 – 10 guests

Reservations require a \$75 deposit or full payment if within 10 days.

Contact Kathy Wallace to make your reservation. 303-762-2680 or kwallace@englewoodco.gov.



SWIMMING LESSONS

All swimming lessons on this page take place at the Englewood Recreation Center • 1155 W. Oxford Ave.

Infant and Toddler

Babes & Tots (6 months – 3 years)

Introduction to the water with a focus on safety and primary water skills including submersion, bubbles, and water play in a fun, family environment.

Jellyfish (2½ – 3½ years)

The next step for a toddler ready to explore the pool on their own, with an instructor. These little ones must be adventurous and ready to take instruction. These are graduates of the infant program and go under water willingly.

Preschool

Seahorse (3 – 5 years)

These little ones may be cautious, but are ready to start the basics. A gentle approach using songs and games is used to help them gain confidence and trust.

Seal (3 – 5 years)

These little ones are happiest going under water and are just starting to float on their own.

Otter (4 – 5 years)

These little ones can float for 10 seconds, roll over, and kick 10 meters to safety.

Sea Lion (4 – 5 years)

These are our most experienced little swimmers working on freestyle and backstroke drills, with the goal of being able to swim 15 meters with ease.

School Age

Stingray (6 – 14 years)

Swimmers with limited experience or basic skills should start here. Cautious and adventurous alike will find success in this class. Floating, kicking, and breathing will be mastered here.

Dolphin (6 – 14 years)

Swimmers will be conditioned to float, kick, and breathe for longer distances while core swimming skills are introduced and mastered. Swimmers will master freestyle and backstroke drills for 15 – 25 meters.

Swordfish (6 – 14 years)

Swimmers at this level are well-conditioned and beginning to swim up to 25 meters of freestyle, backstroke, and elementary backstroke with ease. Dolphin kick and treading water will be introduced.

Barracuda (6 – 14 years)

Swimmers are working towards 50 meters of freestyle and backstroke with efficiency and ease. Butterfly and breaststroke drills are introduced and refined. Open turns, treading water for time, and advanced safety skills are included.

Shark (6 – 14 years)

Swimmers completing this class will have all the skills necessary to swim for fitness, join a swim team, or take lifeguard training.

Tidal Waves Swim Team

Take your swimming skills to the next level on our year-round CARA recreational swim team. Swimmers must be proficient in freestyle and backstroke for 25 meters. Ages 6 – 17 years.

Location: ERC POOL

Instructor: TBD

1/8 – 4/30 M/W 5:30 – 6:30 PM \$85/\$75 11230911

Home School Lessons

Join the fun in our home school lessons. Open swim is included for the swimmers and parents as part of our afternoon experience. Parents who actively supervise their non-swimmers under 8 years old, add to our layers of protection. Please email kwallace@englewoodco.gov for placement and exact class times.

Home School Swimming Wednesdays					
Class	Fee	Time	3/7 – 3/28	4/4 – 4/25	5/2 – 5/23
3 – 7 yrs	\$30	1:00 – 3:30 PM	21230811	21230821	21230831
8 – 13 yrs	\$25	1:00 – 3:30 PM	21230812	21230822	21230832

AQUATIC PERSONAL TRAINING

Aquatic personal training can help kick your fitness plan up a notch, get you started with aquatic fitness or rehab an injury.

Private Swim Lessons

If you need more flexibility or an individualized approach to your unique needs, sign up for private swim lessons. Please allow up to 2 weeks for placement with an available instructor. Call 303-762-2680 or email kwallace@englewoodco.gov to schedule your lesson.

	Private Swim 1 Student	Semi Private Swim 2 Students	Aquatic PT 1 Student	Semi Private Aquatic PT 2 students
	30 Min	30 Min	60 Min	60 Min
1 lesson	\$25	\$33	\$50	\$62
3 lessons	\$66	\$85	\$125	\$140

Not a Masters Swim Team

Age: 15 yrs +

Coach-led workouts to fit the goals of novice swimmers or long time devotees to the 5:00 AM workout. Must love flip-flops & early mornings.

Instructor: David Lee, ASCA Certified

Tu/Th 5:30 – 7:00 AM, Daily: \$7/\$6

10 punches: \$66/\$50, 20 punches: \$112/\$90

WEEKDAY SWIM LESSONS

4 weeks • 8 lessons

Fee: \$45/\$36

Session:		M/W			Tu/Th		
		1	2	3	1	2	3
Class	Time	3/5 – 3/28	4/2 – 4/25	4/30 – 5/23	3/6 – 3/29	4/3 – 4/26	5/1 – 5/24
Babes & Tots	9:05 – 9:35 AM				21210111	21210112	21210113
Jellyfish	9:40 – 10:05 AM				21210211	21210212	21210213
	5:00 – 5:25 PM	21210221	21210222	21210223	21210241	21210242	21210243
Seahorse	10:10 – 10:40 AM				21220111	21220112	21220113
	5:00 – 5:25 PM	21220121	21220122	21220123	21220141	21220142	21220143
Seal/Otter	10:45 – 11:15 AM				21220211	21220212	21220213
Seal	5:30 – 6:00 PM	21220221	21220222	21220223	21220241	21220242	21220243
Otter	5:30 – 6:00 PM				21220341	21220342	21220343
	6:05 – 6:35 PM	21220321	21220322	21220323			
Sea Lion	6:05 – 6:35 PM	21220421	21220422	21220423			
Stingray	5:30 – 6:00 PM	21230111	21230112	21230113			
	6:05 – 6:35 PM				21230121	21230122	21230123
Dolphin	6:05 – 6:35 PM				21230221	21230222	21230223
	6:40 – 7:10 PM	21230211	21230212	21230213			
Swordfish	6:40 – 7:10 PM	21230311	21230312	21230313	21230321	21230322	21230323
Barracuda/Shark	6:40 – 7:10 PM				21230421	21230422	21230423

NEW Infant Swimming Resource

www.infantswim.com

Highly effective one-on-one instruction is provided for ages six months & up. Each lesson is individualized to your child's needs and abilities. ISR students are taught to perform survival skills independently and may advance into stroke work. To register call Mary Davison, R.N. 303-988-1422 or email at mary@swimcolorado.com

Open Paddle Boarding

Mondays 8:30 – 9:30 PM

Enjoy some practice time paddling on your own in the pool. You must provide your own equipment and pay the regular daily fee.

SATURDAY MORNING SWIM LESSONS

4 weeks • 4 lessons

Fee: \$27/\$22

Session:		1	2	3
Class	Time	3/10 – 3/31	4/7 – 4/28	5/5 – 5/26
Babes & Tots	10:00 – 10:30 AM	21210131	21210133	21210135
	10:35 – 11:05 AM	21210132	21210134	21210136
Jellyfish	9:30 – 9:55 AM	21210231	21210232	21210233
Seahorse	10:00 – 10:30 AM	21220131	21220133	21220135
	10:35 – 11:05 AM	21220132	21220134	21220136
Seal	10:00 – 10:30 AM	21220231	21220233	21220235
	10:35 – 11:05 AM	21220232	21220234	21220236
Otter	8:50 – 9:20 AM	21220331	21220332	21220333
Sea Lion	11:10 – 11:50 AM	21220431	21220432	21220433
Stingray	9:15 – 9:55 AM	21230131	21230133	21230135
	11:10 – 11:50 AM	21230132	21230134	21230136
Dolphin	9:15 – 9:55 AM	21230231	21230233	21230235
	11:10 – 11:50 AM	21230232	21230234	21230236
Swordfish	8:30 – 9:10 AM	21230331	21230332	21230333
Barracuda/Shark	8:30 – 9:10 AM	21230431	21230432	21230433



PIRATES COVE

1225 W. Belleview Ave. • 303-762-COVE (2683) • piratescovecolorado.com
Facility Supervisor: Brad Anderson • banderson@englewoodco.gov • 303-762-2659

Operating Hours for 2018

10:00 AM – 6:00 PM	Daily 5/26 – 8/10
10:00 AM – 6:00 PM	Weekends only beginning 8/11
10:00 AM – 6:00 PM	Labor Day, 9/3

AVAST MATEY! Purchase your season or family pass before May 1 and save 10%. Season and family pass holders are also eligible for a 10% discount on classes at Pirates Cove or either of our birthday party packages. Passes will be available to purchase at the Englewood Recreation Center, 1155 W. Oxford.

Admission Rates

	Child/Sr (2 – 17 yrs / 55+ yrs)	Child/Sr Res (2 – 17 yrs / 55+ yrs)	Adult (18 – 54 yrs)	Adult Res (18 – 54 yrs)
Daily	\$12	\$7	\$13	\$8
Weekend	\$14	\$8	\$15	\$9

SEASON PASS	Fee	Res Fee
Child/Senior	\$84	\$57
Adult	\$93	\$65
FAMILY PASS	Fee	Res Fee
3 or more in same household	\$241	\$158

Resident I.D. Cards must be presented to receive discounts. Some restrictions apply on family passes.

E-Club

Go to piratescovecolorado.com and join our e-club. Our e-club members receive monthly newsletters with offerings from Pirates Cove along with a notice of special unadvertised specials throughout the summer.

Parties at Pirates Cove

It's not too early to book your birthday or sports party at Pirates Cove. We have two packages to choose from, the Captain Cook party for 1 – 15 guests for \$294 or our Billy Bones package for 16 – 25 guests for \$374. Parties include: admission, cake, ice cream, soda, paper goods, pirate goodie bag, and our party patio for 1 ½ hours. Book your party online by visiting our party web site: parties.piratescovecolorado.com

Teen Buccaneers

Enjoy Pirates Cove this summer by becoming a Jr. Lifeguard. Jr. Lifeguards assist patrons and lifeguards throughout the facility. This

volunteer program is designed for youth 13 – 14 yrs. old who aspire to become a lifeguard when they reach the age of 15. For more information contact Melissa at 303-783-6924.

Online Tickets

Pirates Cove has on-line ticketing. Purchase your tickets at piratescovecolorado.com. Print off the tickets to avoid the pay line at the park.

Cove Cabana Rentals

Enjoy shade and a place to sit by renting your own cabana for up to 8 people. Cabanas are complete with 2 lounge chairs, 4 chairs and a small table. Visit our website for more information or to book your cabana. Price does not include admission into the park.
\$80/\$90 to \$95/\$105 Weekday/Weekend

May is Swim Safety Month

May has been designated Swim Safety Month! Look for safety tips at the Recreation Center and at Pirates Cove during May and the entire summer. Swim staff will be happy to discuss the various tips on staying safe around the water at any time.

UPCOMING SUMMER EVENTS

Mark the following dates on your calendar this summer for a Pirate good time!

Open House: 5/30 Come see what Pirates Cove has to offer at no cost! We will also have area businesses on site. The facility will be open from 6:30 – 8:30 PM. Bring an appetite - the concession stand will be open.

World's Largest Swim Lesson: 6/21 Drowning remains the second leading cause of unintended injury related death of children ages 1 – 14. Pirates Cove is proud to be one of hundreds of facilities around the globe promoting Learn to Swim. Come to Pirates Cove on 6/21 for a free half-hour swim lesson. After the lesson, feel free to stay and work on the skills you learned and play for free.

Christmas in July: 7/25 Come celebrate Christmas – Pirate style – on the 25th. Pirates Cove will be decked out in Christmas style on this day. Yes, you can expect a special visit from Santa.

Adult Night: 6/20 and 7/18 Adult night is back this year with two nights. This night is reserved for those 18 yrs. and older. It's the opportunity for you to enjoy Pirates Cove without children from 6:30 – 8:30 PM. The concession stand will be open, so bring your appetite. Cost is only \$6.00.

Food Drive: 7/8 – 7/14 Bring a non-perishable food item with you and receive a free 22 oz. soda. Items will be donated to Well-fed Inc.



SUMMER CAMPS

Program Administrator: Sara Stant • ssant@englewoodco.gov • 303-762-2694
Look for the informational flyer out in March!

General Information:

- KidConnections Day Camp sessions are held May 29 – August 3, 2018, Monday–Friday, 7:00 AM – 6:00 PM. Camp is closed for July 4th
- KidConnections Day Camps are a fully-licensed day care by the state of Colorado, Department of Human Services
- Camp is held at Colorado's Finest High School of Choice, 300 W. Chenango Ave.
- Participants must bring their own lunch, snacks and water bottle every day
- Priority Registration Date for full week enrollment
- NEW THIS YEAR: Camper T-shirts included in registration

Benefits of KidConnections Camp

- A fun and safe environment for your child
- Opportunities for growth both socially and emotionally
- Create connections with new friends and a loving and caring staff
- Knock out summer boredom
- Social interaction
- A healthy, active summer
- New experiences

What Makes Us Unique

- A well-trained and experienced staff, who are caring, fun, energetic and organized
- A safe and welcoming environment
- Swimming at least once per week (either at Pirates Cove or ERC pool)
- At least one “big” field trip per week (an extra fee will be charged in addition to the daily fee). Past trips included: Denver Zoo, hiking and visiting area museums
- Local field trips (price included in daily fee) to parks, hiking and Littleton Historical Museum
- Weekly themes and projects
- Arts and crafts projects
- Games and sports
- Talent show and end of summer picnic
- Extra opportunities like golf, swim lessons and an overnight camping trip for the older campers
- Flexible registration

Registration and Payment

One-time non-refundable registration fee: \$10 per child

	Fees		Resident Fees	
	Daily	Weekly	Daily	Weekly
1st Child	\$55	\$210	\$45	\$170
2nd Child	\$50	\$185	\$40	\$150

Registration packets will be available online at englewoodrec.org by February 28. Packets must be filled out completely and returned in person to the Englewood Rec Center, 1155 W. Oxford Ave.

Immunization and a picture of your child are required to accompany your completed packet. Your packet will not be processed until all forms are submitted and information is completely filled out. Priority registration is given to participants signing up for full weeks. Full week registration will be processed starting March 19. Individual day registration will begin April 3. Englewood residents must have a resident ID card (\$3, purchased at the ERC).

Program Fees:

Extra opportunity fees can be found on the registration form.

The program does not have an hourly rate and unscheduled drop-in care is not permitted. Reservations for additional days need to be made 48 hours in advance to ensure proper staffing. Drop-ins must be approved prior to day of attendance. No credits or refunds will be given for missed days of camp.

This program is on a first-come, first-served basis and enrollment is subject to availability.



OUTDOOR / HIKING

Program Administrator: Joyce Musgrove • jmusgrove@englewoodco.gov • 303-762-2680

Mountain Hiking Adventures – All Levels

Enjoy Colorado as she blooms into spring with one of our many levels of hiking adventures (see below). For any hike, come prepared with: a daypack, hiking boots, sack lunch, water (more if it's hot), rain gear, hat, sunscreen, insect repellent, whistle, walking stick, warm clothing and money for an ice cream stop. Please pick hikes appropriate to your ability and fitness level. Hikes depart from the Malley Recreation Center, 3380 S. Lincoln St. Locations are subject to change depending on weather or trail conditions.

Fee: \$21, Resident Fee: \$17

Number	Date	Day	Time	Location	Length Rt.	Elev Start	Elev Gain	Difficulty	Near
22162011	5/1	Tu	8:00 – 5:00 PM	Peaks to Plains	1 – 7 mi	6,775'	500'	E–M	Golden
22162012	5/9	W	8:00 – 5:00 PM	Garden of the Gods	1 – 5 mi	6,200'	300'	E–M	Colo Springs
22162013	5/15	Tu	8:00 – 5:00 PM	Bridal Veil Falls*	6.2 mi	7,280'	980'	Mod	RMNP Estes
22162014	5/23	W	8:00 – 5:00 PM	Chief Mtn.	4.5 mi	10,800'	900'	Mod	Idaho Springs
22162015	5/29	Tu	8:00 – 5:00 PM	Ralph Price Reservoir	5.5 mi	5,940'	800'	E – M	Lyons

Easy Hikes

If you love to walk in the mountains, check out these easy hikes! The easy hikers will go with the other hikers, but will walk easier trails of 1 – 3 miles with little or no elevation gain. However, be aware of the starting elevations. Remember you are the one determining how long of a hike you can walk. Come prepared with: a daypack, hiking boots, sack lunch, water, rain gear, hat, sunscreen, insect repellent, whistle, walking stick, warm clothing and money for an ice cream stop. You're welcome to bring a good book or sitting activity that you can do while enjoying the outdoors.

Fee: \$21, Resident Fee: \$17

Number	Date	Day	Time	Location	Elevation	Near
22163011	5/1	Tu	8:00 – 5:00 PM	Peaks to Plains	6775'	Golden
22163012	5/9	W	8:00 – 5:00 PM	Garden of the Gods	6200'	Colo Springs
22163013	5/29	Tu	8:00 – 5:00 PM	Ralph Price Reservoir	5940'	Lyons

*Bring your Golden Age Pass or \$10 park entrance fee.

The City of Englewood Parks, Recreation and Library is an equal opportunity employer and provider authorized by Special Unit Permit to operate on the National Forest. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. (Not all prohibited bases apply to all programs.) To file a complaint of discrimination: write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Ave, SW, Washington, D.C. 20250-9410 or call 202-720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

Looking for a Summer Job?

Join the City of Englewood Parks & Recreation team
Applications accepted beginning in March

Are you 15 years or older and looking for a seasonal summer job? Englewood Parks & Recreation will be accepting applications starting in March for summer job opportunities. Summer positions may include: lifeguards, coaches, youth program leaders, fitness instructors, park workers, and more. Visit the City's website at englewoodco.gov for information and specific job opportunities.



ADULT FITNESS

Program Administrator: Joyce Musgrove • jmusgrove@englewoodco.gov • 303-762-2680

Drop-in Rates

Daily Group Fitness	\$8/\$6
Daily Yoga	\$10/\$8
12-Visit Group Fitness Pass	\$75/\$60
12-Visit Yoga Pass	\$112/\$90

Drop-in not available for Pilates Reformer, Tai Chi for Balance or Group Personal Training Classes. See page 31 for drop-in childcare.

ERC Fitness Orientation

Age: 13 yrs. and older

Ready to get started on our new equipment? Learn to correctly operate the Technogym weight machines and cardiovascular equipment in a group setting. Please register at least two days in advance to assure your place in class. This orientation is a prerequisite for all 13- and 14-year-olds wishing to utilize the weight and cardiovascular areas within the Recreation Center.

Location: ERC-WGT

3/22	Th	6:00 – 7:30 PM	FREE	22253511
4/14	Sa	9:00 – 10:30 AM	FREE	22253512
5/16	W	NOON – 1:30 PM	FREE	22253513

Personal Training

Get Inspired, Boost Your Confidence, and Accomplish Your Goals!

The benefits of working with a personal trainer include:

- Individualized fitness program specifically designed for you.
- Efficient workout program with innovative ways to improve your health.
- Professional assistance in improving strength, flexibility, endurance, posture, balance, coordination and cardiovascular health.
- Instruction on correct form and technique for cardiovascular exercise and strength training.
- Progressive assistance as you progress.

To schedule an appointment, please call our Personal Training line at 303-762-2678. Each session is 60 minutes.

	Sessions	Fee	Res. Fee
Private	3	\$144	\$115
	6	\$248	\$198
	10	\$400	\$320
Semi-Private 2 – 3 people	3	\$194/group	\$155/group
	6	\$338/group	\$270/group
	10	\$531/group	\$425/group

Note: No-shows and cancellations not made with your personal trainer at least 24 hours in advance result in loss of the session.

Nutrition Counseling

The registered dietitians on our referral list offer individualized nutritional counseling for all ages. They can assist with weight management, chronic disease prevention, vegetarian and sports nutrition, medical nutrition therapy, women's health issues and pediatric nutrition. Call 303-762-2678 for our Registered Dietitian Referral list.

THE ZONE AT ERC CLASS SCHEDULE

DAY	TIME	CLASS
M	6:30 AM	Kettlebells and Bodyweight
M	6:00 PM	Ultimate Fitness
Tu	9:30 AM	Low Impact/High Intensity
W	6:00 PM	Burn and Build
Th	10:00 AM	Intro to Balance and Core
F	7:30 AM	Sports Explosion
Sa	9:00 AM	Ultimate Fitness



Classes now in session! Only \$10 per class!

Join TETRO Performance and their certified coaches for a variety of challenging and motivational classes. Be sure to check the front desk or visit TetroPerformance.com/blog for class times and descriptions.

Service Provider for **The Zone** at the Englewood Recreation Center

TETRO

PERFORMANCE

BE DEFINED BY YOUR EFFORT

Only \$10 per class

GROUP TRAINING CLASSES - BEGINNER/INTERMEDIATE/ADVANCED LEVELS
MEDICINE BALL - BATTLE ROPES - KETTLEBELL/TRX - FUNCTIONAL TRAINING
STRETCHING/FLEXIBILITY

Additional services:
Personal Training, Online Training, Corporate Wellness, Concierge Service, Nutrition Counseling, Wellness Coaching, Active Older Adults (55+), Athletic Coaching

For class schedule and additional information go to www.tetroperformance.com/blog

Introduction to Competitive Walking

Age 13 yrs. and older

Not comfortable running but want to take your exercise to the next level? In this intensive weekend, learn the rules of the event, stretches, drills and the techniques of Race Walk and Power Walk. Taught by ERC Exercise Physiologist and Competitive Masters International Racewalker, Liz Shepard, with guest instructors who are USATF Officials, International Race Walkers, and Masters Record Holders.
Location: Centennial Park Lake, 4630 S. Decatur St.
5/5 – 5/6 Sa – Su 8:00 AM – 2:00 PM \$63/\$50 12244611

Barre Sculpt

Age: 13 yrs. and older

A workout that’s gentle on the joints but gives powerful results. Use the ballet barre, lightweights, isometric exercises, and your body’s balance, to firm, lengthen, lift, and sculpt graceful arms, thighs, abs, and glutes. Instructor: Stacy Lochowicz

TRX Boot Camp

Age: 13 yrs. and older

Fire up your metabolism, burn calories and get stronger and leaner faster. TRX Suspension Trainers will be incorporated into the workout. Previous experience is not necessary. Instructor: Rachael Helmers

NEW Weights & More

Age: 18 yrs. and older

Increase strength and endurance while improving bone density. Expand your weight room workout in a group setting with the guidance of a personal trainer. Moderate fitness level and higher. Instructors: Libby Butler

NEW Zumba® (New lunch-time class)

Age: 13 yrs. and older

Join the party! Zumba is a Latin-inspired dance-fitness class that combines energizing music and easy-to-follow moves for a fun, effective cardiovascular workout. This class is a blend of fast and slow rhythms and resistance training that tone and sculpt the body. Instructor: Lisa Pope (Monday) and Kristy Lone (Wednesday)

NEW POP Pilates

Age: 13 yrs. and older

A total body workout that sculpts a rock-solid core and a lean body. Develop strength and flexibility through resistance work using your own body weight and a yoga mat. Class is for all levels. Instructor: Lisa Pope

Indoor Cycling

Age: 13 yrs. and older

Optimum fat burning awaits you on this journey! This class will simulate varied terrain and drills to give you a great interval workout. Class participants assist with equipment set-up and breakdown. Bike pedals compatible with athletic shoes, SPD and Look cleats. Instructors: Stacy Lochowicz & TBD (Tuesday), Melody Rodgers (Wednesday) and Libby Butler (Thursday & Saturday)

NEW Zumba® Toning

Age: 13 yrs. and older

Come to the party and have fun dancing with an extra emphasis on toning and sculpting to define those muscles! Adding light weights helps to focus on specific muscle groups, such as arms, core and lower body. Instructor: Maureen Plotnicki

Essentrics®

Age: 13 yrs. and older

A dynamic workout to stretch, strengthen and rebalance the full muscular structure, leaving you more flexible and agile. Great for athletes seeking an increase in range-of-motion and an increase in speed and agility. Prepares muscles and tendons to withstand maximum demands. Instructor: Paulette Fara-Schembri

NEW Lunch Blast

Age: 13 yrs. and older

Get fit in this quick, fun 30-minute midday class. Use a variety of equipment to increase strength, flexibility, and balance. Your personal trainer will keep you moving and laughing. Instructor: Cliff Penny

NEW Fit Body Express

Age: 13 yrs. and older

A high-intensity, endurance-based workout consisting of a 15-minute exercise practice and a 30-minute interval training. Intervals will be three minutes of strength, two minutes of cardio and one minute of core. Shed fat, define muscle, transform the look of your entire physique, and dramatically enhance your overall health and athletic performance. Instructor: Libby Butler

Fitness Fusion

Age: 13 yrs. and older

You will never get bored with this eclectic blend of exercises. TRX Suspension and Rip Trainers will be used along with BOSUs, glides, dumbbells and body-weight training. You will get the ideal mix of strength, endurance, balance, coordination, flexibility, power and core stability. Instructor: Libby Butler

Fitness Drop-in Rates

Daily Group Fitness	\$8/\$6
12-Visit Group Fitness Pass	\$75/\$60

Drop-in not available for Pilates Reformer, Tai Chi for Better Balance or Group Personal Training Classes. See page 31 for drop-in childcare.

ADULT FITNESS CLASS LIST

Class	Activity #	Dates	Days	Times	Location	Fee	Res Fee
Barre Sculpt	22251011	3/5 – 3/26	M	11:30 AM – 12:30 PM	MRC-BLRM	\$24	\$23
	22251012	4/2 – 4/30	M	11:30 AM – 12:30 PM	MRC-BLRM	\$36	\$29
	22251013	5/7 – 5/21	M	11:30 AM – 12:30 PM	MRC-BLRM	\$27	\$17
TRX Boot Camp	22250411	3/5 – 3/26	M	5:25 – 6:25 PM	ERC-FIT	\$21	\$17
	22250412	4/2 – 4/30	M	5:25 – 6:25 PM	ERC-FIT	\$27	\$21
	22250413	5/7 – 5/21	M	5:25 – 6:25 PM	ERC-FIT	\$16	\$13
NEW Weights & More	22253311	3/5 – 5/21	M	6:35 – 7:35 PM	ERC-WGT	\$96	\$76
Zumba®	22250911	3/5 – 3/26	M	6:35 – 7:35 PM	ERC-FIT	\$21	\$17
	22250912	4/2 – 4/30	M	6:35 – 7:35 PM	ERC-FIT	\$27	\$21
	22250913	5/7 – 5/21	M	6:35 – 7:35 PM	ERC-FIT	\$16	\$13
Barre Sculpt	22251021	3/6 – 3/27	Tu	5:25 – 6:25 PM	ERC-FIT	\$21	\$17
	22251022	4/3 – 4/24	Tu	5:25 – 6:25 PM	ERC-FIT	\$21	\$17
	22251023	5/1 – 5/29	Tu	5:25 – 6:25 PM	ERC-FIT	\$27	\$21
NEW POP Pilates	22251111	3/6 – 3/27	Tu	6:00 – 7:00 PM	ERC-AA1	\$21	\$17
	22251112	4/3 – 4/24	Tu	6:00 – 7:00 PM	ERC-AA1	\$21	\$17
	22251113	5/1 – 5/29	Tu	6:00 – 7:00 PM	ERC-AA1	\$27	\$21
Indoor Cycling	22250311	3/6 – 3/27	Tu	6:35 – 7:35 PM	ERC-FIT	\$21	\$17
	22250312	4/3 – 4/24	Tu	6:35 – 7:35 PM	ERC-FIT	\$21	\$17
	22250313	5/1 – 5/29	Tu	6:35 – 7:35 PM	ERC-FIT	\$27	\$21
Indoor Cycling	22250321	3/7 – 3/28	W	5:30 – 6:30 PM	ERC-FIT	\$21	\$17
	22250322	4/4 – 4/25	W	5:30 – 6:30 PM	ERC-FIT	\$21	\$17
	22250323	5/2 – 5/30	W	5:30 – 6:30 PM	ERC-FIT	\$27	\$21
NEW Zumba®	22250921	3/7 – 3/28	W	11:45 AM – 12:30 PM	ERC-FIT	\$20	\$16
	22250922	4/4 – 4/25	W	11:45 AM – 12:30 PM	ERC-FIT	\$20	\$16
	22250923	5/2 – 5/30	W	11:45 AM – 12:30 PM	ERC-FIT	\$26	\$20
NEW Zumba® Toning	22251611	3/7 – 3/28	W	5:30 – 6:30 PM	ERC-AA2	\$21	\$17
	22251612	4/4 – 4/25	W	5:30 – 6:30 PM	ERC-AA2	\$21	\$17
	22251613	5/2 – 5/30	W	5:30 – 6:30 PM	ERC-AA2	\$27	\$21
Essentrics®	22251411	3/7 – 3/28	W	6:35 – 7:35 PM	ERC-AA2	\$29	\$23
	22251412	4/4 – 4/25	W	6:35 – 7:35 PM	ERC-AA2	\$29	\$23
	22251413	5/2 – 5/30	W	6:35 – 7:35 PM	ERC-AA2	\$36	\$29
NEW Lunch Blast	22251211	3/1 – 3/29	Th	12:30 – 1:00 PM	ERC-FIT	\$21	\$17
	22251212	4/5 – 4/26	Th	12:30 – 1:00 PM	ERC-FIT	\$18	\$14
	22251213	5/3 – 5/31	Th	12:30 – 1:00 PM	ERC-FIT	\$21	\$17
NEW Fit Body Express	22250811	3/1 – 3/29	Th	5:45 – 6:30 PM	ERC-FIT	\$27	\$21
	22250812	4/5 – 4/26	Th	5:45 – 6:30 PM	ERC-FIT	\$21	\$17
	22250813	5/3 – 5/31	Th	5:45 – 6:30 PM	ERC-FIT	\$27	\$21
Indoor Cycling	22250331	3/1 – 3/29	Th	6:35 – 7:35 PM	ERC-FIT	\$27	\$21
	22250332	4/5 – 4/26	Th	6:35 – 7:35 PM	ERC-FIT	\$21	\$17
	22250333	5/3 – 5/31	Th	6:35 – 7:35 PM	ERC-FIT	\$27	\$21
Indoor Cycling	22250341	3/3 – 3/31	Sa	8:05 – 9:05 AM	ERC-FIT	\$27	\$21
	22250342	4/7 – 4/28	Sa	8:05 – 9:05 AM	ERC-FIT	\$21	\$17
	22250343	5/5 – 5/26	Sa	8:05 – 9:05 AM	ERC-FIT	\$21	\$17
Fitness Fusion	22250611	3/3 – 3/31	Sa	9:10 – 10:10 AM	ERC-FIT	\$27	\$21
	22250612	4/7 – 4/28	Sa	9:10 – 10:10 AM	ERC-FIT	\$21	\$17
	22250613	5/5 – 5/26	Sa	9:10 – 10:10 AM	ERC-FIT	\$21	\$17



ACTIVE ADULT FITNESS

Program Administrator: Joyce Musgrove • jmusgrove@englewoodco.gov • 303-762-2680

All of the classes on this page are designed for ages 55 and older; there is space available for ages 18 – 54.

NEW Walk & Stretch for Health

Age: 40 yrs. and older

Intentional and powerful walking is a great way to burn calories while keeping one mobile. Join Exercise Physiologist and International Masters USATF Race Walker, Liz Shepard, for an hour. This includes stretching and proper walking technique for fitness and, if interested, competition. Set your goal and challenge yourself in this unique community experience.

Location: ERC- Fitness Rm & Walking Track

Fitness Club

Improve your level of fitness with low impact aerobics and flexibility training followed by strengthening exercises. SilverSneakers® welcome. Instructors: Stacy Lochowicz (M) and Kristy Lone (W)

SilverSneakers® Classic

Move to the music through a variety of exercises designed to increase muscular strength and range of movement. Hand held weights, elastic tubing with handles and a ball will be used. A chair is used for support. Class is open to all.

Instructors: Stacy Lochowicz (M Malley) and Kristy Lone (W Malley) and Catherine Glenn (Tu/Th ERC)

NEW GZ Sobol Parkinson's Network Foundations

This 75-minute class incorporates exercises targeting deficits specific to people with Parkinson's Disease or multiple sclerosis by emphasizing strength, balance and flexibility movement that targets dexterity, rigidity, akinesia, bradykinesia, postural stability, cognition and gait. Class includes a head-to-toe 20-minute seated warm-up, followed by unique standing exercises and routines. Participants are encouraged to rest when necessary, and do as much of the activities as possible. Participants who use a walker or wheelchair are required to have a caregiver or driver with them during the class.

Instructor: Claire Martin

Forever Fit

Charge your heart and engage your body with strengthening, cardio, and stretching moves. Use hand weights, bands, small balls and chair for support. SilverSneakers® welcome.

Instructor: Christi Slade (Tu) and Barbara Meadows (Th)

Total Body Fitness

Stay fit, agile and active while increasing muscle strength, cardiovascular function, coordination, balance and range of motion in both the upper and lower body. SilverSneakers® welcome.

Instructor: Doug Smith

Mobile & Agile

Improve your overall level of fitness while having fun. Focus on improving your mobility, agility and coordination with strengthening, balancing and toning exercises. This class uses bands, balls and a chair if needed. SilverSneakers® welcome.

Instructor: Kristy Lone

Beginning Weight Training

Age: 55 yrs. and older

A personal trainer will introduce you to the basics of weight training and teach you how to utilize both the circuit and free-weight equipment safely and effectively. Receive one-on-one attention in a group setting. Instructor: Marty Grims

Continuing Weight Training

Age: 55 yrs. and older

This self-guided class allows you to workout in the weight room with access to a personal trainer who can assist with advancing your fitness regime. You will have the flexibility to workout any time between 8:15 – 10:30 AM, Monday – Thursday. Three months of Beginning Weight Training or fitness staff approval. SilverSneakers® members use the SilverSneakers® number listed to register and swipe your card each time you come in. All others, please use the regular class number to register.

Instructor: Marty Grims

Malley Fitness Orientation

If you are new to the Malley Fitness Center, we suggest attending an orientation to learn about our new Technogym weight equipment. Learn weight room safety, etiquette and receive an introduction to equipment adjustment and proper exercise techniques. This is not a weight-training class.

Location: MRC-Eldorado

3/14	W	11:30 AM – 1:00 PM	FREE	22263511
4/19	Th	5:30 – 7:00 PM	FREE	22263512
5/10	Th	4:00 – 6:30 PM	FREE	22263513

ACTIVE ADULT FITNESS CLASS LIST

Class		Activity #	Session	Days	Time	Locations	Fee	Res Fee	SS® Fee
Fitness Club <i>No Class: 5/28</i>		22260111	3/5 – 3/28	M/W	9:00 – 10:00 AM	MRC-GYM	\$24	\$19	\$5
		22260112	4/2 – 4/30	M/W	9:00 – 10:00 AM	MRC-GYM	\$27	\$22	\$5
		22260113	5/2 – 5/30	M/W	9:00 – 10:00 AM	MRC-GYM	\$27	\$22	\$5
SilverSneakers® Classic <i>No Class: 5/28</i>		22261011	3/5 – 3/28	M/W	10:15 – 11:15 AM	MRC-GYM	\$24	\$19	
		22261012	4/2 – 4/30	M/W	10:15 – 11:15 AM	MRC-GYM	\$27	\$22	
		22261013	5/2 – 5/30	M/W	10:15 – 11:15 AM	MRC-GYM	\$27	\$22	
NEW GZ Sobol Parkinson's Network Foundations		22260912	4/3 – 4/24	Tu	10:30 – 11:45 AM	MRC-BLRM	\$16	\$13	
		22260913	5/1 – 5/29	Tu	10:30 – 11:45 AM	MRC-BLRM	\$21	\$17	
Forever Fit		22260811	3/6 – 3/29	Tu/Th	8:30 – 9:30 AM	ERC-FIT	\$29	\$23	\$5
		22260812	4/3 – 4/26	Tu/Th	8:30 – 9:30 AM	ERC-FIT	\$29	\$23	\$5
		22260813	5/1 – 5/31	Tu/Th	8:30 – 9:30 AM	ERC-FIT	\$36	\$24	\$5
Total Body Fitness		22260511	3/6 – 3/29	Tu/Th	9:00 – 10:00 AM	MRC-GYM	\$29	\$23	\$5
		22260512	4/3 – 4/26	Tu/Th	9:00 – 10:00 AM	MRC-GYM	\$29	\$23	\$5
		22260513	5/1 – 5/31	Tu/Th	9:00 – 10:00 AM	MRC-GYM	\$36	\$24	\$5
SilverSneakers® Classic		22261111	3/6 – 3/29	Tu/Th	9:45 – 10:45 AM	ERC-FIT	\$27	\$22	
		22261112	4/3 – 4/26	Tu/Th	9:45 – 10:45 AM	ERC-FIT	\$24	\$19	
		22261113	5/1 – 5/31	Tu/Th	9:45 – 10:45 AM	ERC-FIT	\$30	\$24	
Mobile & Agile		22260611	3/7 – 3/28	W	1:15 – 2:15 PM	MRC-BLRM	\$16	\$13	\$5
		22260612	4/4 – 4/25	W	1:15 – 2:15 PM	MRC-BLRM	\$16	\$13	\$5
		22260613	5/2 – 5/30	W	1:15 – 2:15 PM	MRC-BLRM	\$21	\$17	\$5
NEW Walk & Stretch for Health		22260911	3/7 – 3/28	W	9:00 – 10:00 AM	ERC-FIT	\$16	\$13	
		22260912	4/4 – 4/25	W	9:00 – 10:00 AM	ERC-FIT	\$16	\$13	
		22260913	5/2 – 5/30	W	9:00 – 10:00 AM	ERC-FIT	\$21	\$17	
Beginning Weight Training <i>No Class: 5/28</i>		22263211	3/5 – 3/28	M/W	9:00 – 10:00 AM	MRC-WGTRM	\$28	\$22	
		22263212	4/2 – 4/30	M/W	9:00 – 10:00 AM	MRC-WGTRM	\$31	\$25	
		22263213	5/2 – 5/30	M/W	9:00 – 10:00 AM	MRC-WGTRM	\$28	\$22	
		22263221	3/5 – 3/28	M/W	10:00 – 11:00 AM	MRC-WGTRM	\$28	\$22	
		22263222	4/2 – 4/30	M/W	10:00 – 11:00 AM	MRC-WGTRM	\$31	\$25	
		22263223	5/2 – 5/30	M/W	10:00 – 11:00 AM	MRC-WGTRM	\$28	\$22	
		22263231	3/6 – 3/29	Tu/Th	8:30 – 9:30 AM	MRC-WGTRM	\$28	\$22	
		22263232	4/3 – 4/26	Tu/Th	8:30 – 9:30 AM	MRC-WGTRM	\$28	\$22	
		22263233	5/1 – 5/31	Tu/Th	8:30 – 9:30 AM	MRC-WGTRM	\$35	\$28	
		22263241	3/6 – 3/29	Tu/Th	9:30 – 10:30 AM	MRC-WGTRM	\$28	\$22	
		22263242	4/3 – 4/26	Tu/Th	9:30 – 10:30 AM	MRC-WGTRM	\$28	\$22	
		22263243	5/1 – 5/31	Tu/Th	9:30 – 10:30 AM	MRC-WGTRM	\$35	\$28	
Continuing Weight Training <i>No Class: 5/28</i>		22263311	3/5 – 3/29	M – Th	8:15 – 10:30 AM	MRC-WGTRM	\$33	\$26	
		22263312	4/2 – 4/30	M – Th	8:15 – 10:30 AM	MRC-WGTRM	\$33	\$26	
		22263313	5/1 – 5/31	M – Th	8:15 – 10:30 AM	MRC-WGTRM	\$33	\$26	
Continuing Weight Training SilverSneakers Members		22263321	3/5 – 3/29	M – Th	8:15 – 10:30 AM	MRC-WGTRM			\$5
		22263322	4/2 – 4/30	M – Th	8:15 – 10:30 AM	MRC-WGTRM			\$5
<i>No Class: 5/28</i>		22263323	5/1 – 5/31	M – Th	8:15 – 10:30 AM	MRC-WGTRM			\$5



YOGA & TAI CHI

Program Administrator: Joyce Musgrove • jmusgrove@englewoodco.gov • 303-762-2680

Yoga Drop-in Rates

Daily Yoga \$10/\$8
Yoga 12-Visit Pass \$112/\$90

Drop-in not available for Pilates Reformer, Tai Chi For Balance or Group Personal Training Classes.

Energize Yoga

Age: 16 yrs. and older
Start your day energized without the caffeine jitters. This combination of Hatha and Vinyasa moves will leave you stretched, focused and balanced for the day ahead.
Instructor: Erin Mathiason

Flow Yoga

Age: 13 yrs. and older
Alignment of the body in a sequence of poses linked together with the breath make this Vinyasa yoga class an energizing and uplifting choice. Build endurance, flexibility and strength while enjoying some gentle relaxation at the end of class. Some previous yoga experience is recommended.
Instructor: Lucy Dagnillo (Tuesday) & Julia Richards (Thursday)

Hatha Yoga

Age: 15 yrs. and older
Increase flexibility, build strength, calm the mind and open the heart with Hatha yoga. Hatha yoga is a balanced combination of sustained poses with attention to alignment principles and integrated with the breath. Beginners are welcome to attend; this is an all-levels class.
Instructor: Erin Mathiason

Foundations Yoga

Age: 13 yrs. and older
Learn the basic yoga poses and breathing techniques. Improve strength, flexibility and stress relief. This is the perfect class for someone with little or no previous yoga experience.
Instructor: Roseanna Frechette

Core Yoga

Age: 13 yrs. and older
Improve flexibility, balance and strength, especially in the core, to protect the back. Modifications and props available. Appropriate for beginner to intermediate.
Instructors: Stephanie Turner

Chair Yoga

Age: 55 and older; 18 – 54 space available
Move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity.
Instructor: Catherine Glenn

Yoga Light

Age: 55 and older; 18 – 54 space available
For individuals who desire a traditional yoga practice but require modifications for mobility limitations, this class is a perfect fit. Gently ease your way through stretches and poses and feel light on your feet. You must be able to get down and up from the floor.
Instructor: Barbara Meadows

NEW Restorative Yoga

Age: 16 yrs. and older
Relax, renew and restore your body and mind in this time dedicated to you. We use bolsters, blankets, and blocks to support the body into a state of deep relaxation. All poses are supported, either lying or seated on the floor in a quiet, warm, and safe environment.
Instructor: Catherine Glenn

Tai Chi for Better Balance

Age: 55 yrs. and older, 18 – 54 yrs. space available
Improve your balance while enhancing your agility and coordination with Tai Chi based movements. The class format and design have been acknowledged as one of the few evidence-based interventions for the prevention of falls by the Centers for Disease Control and National Center for Injury Prevention and Control. Beginning and advanced classes are offered. Advanced class participation must be approved by the instructor.
Instructor: Patty Vogt


Therapeutic Tai Chi

Age: 55 yrs. and older, 18 – 54 yrs. space available
Better manage chronic health conditions and improve overall well-being based on a variety of true principled Tai Chi styles and forms. Movements are performed in a slow, relaxed manner with continual deep breathing to improve concentration and quiet the body. Strengthen muscles and joints, increase flexibility and coordination, and improve posture and balance while integrating the mind, body and spirit.
Instructor: Phred Hall

ACTIVE YOGA

Class	Activity #	Dates	Days	Times	Location	Fee	Res Fee	SS Fee
Energize Yoga	22258011	3/5 – 3/26	M	7:00 – 8:00 AM	ERC-FIT	\$39	\$31	
	22258012	4/2 – 4/30	M	7:00 – 8:00 AM	ERC-FIT	\$49	\$39	
	22258013	5/7 – 5/21	M	7:00 – 8:00 AM	ERC-FIT	\$30	\$24	
Flow Yoga	22257011	3/6 – 3/27	Tu	5:30 – 6:30 PM	ERC-AA2	\$30	\$24	
	22257012	4/3 – 4/24	Tu	5:30 – 6:30 PM	ERC-AA2	\$30	\$24	
	22257013	5/1 – 5/29	Tu	5:30 – 6:30 PM	ERC-AA2	\$38	\$30	
Hatha Yoga	22256911	3/6 – 3/27	Tu	6:30 – 7:45 PM	MRC-BLRM	\$33	\$26	
	22256912	4/3 – 4/24	Tu	6:30 – 7:45 PM	MRC-BLRM	\$33	\$26	
	22256913	5/1 – 5/29	Tu	6:30 – 7:45 PM	MRC-BLRM	\$40	\$32	
Foundations Yoga	22256211	3/7 – 3/28	W	6:45 – 8:00 PM	ERC-FIT	\$33	\$26	
	22256212	4/4 – 4/25	W	6:45 – 8:00 PM	ERC-FIT	\$33	\$26	
	22256213	5/2 – 5/30	W	6:45 – 8:00 PM	ERC-FIT	\$40	\$32	
Flow Yoga	22257021	3/8 – 3/29	Th	5:30 – 6:30 PM	MRC-BLRM	\$30	\$24	
	22257022	4/5 – 5/26	Th	5:30 – 6:30 PM	MRC-BLRM	\$30	\$24	
	22257023	5/3 – 5/31	Th	5:30 – 6:30 PM	MRC-BLRM	\$38	\$30	
Core Yoga	22257111	3/3 – 3/31	Sa	9:15 – 10:30 AM	MRC-BLRM	\$40	\$32	
	22257112	4/7 – 4/28	Sa	9:15 – 10:30 AM	MRC-BLRM	\$33	\$26	
	22257113	5/5 – 5/26	Sa	9:15 – 10:30 AM	MRC-BLRM	\$33	\$26	

GENTLE YOGA & TAI CHI

Class	Activity #	Dates	Days	Times	Location	Fee	Res Fee	SS Fee
Chair Yoga 	22258311	3/1 – 3/29	Tu/Th	11:00 AM – NOON	ERC-FIT	\$42	\$35	\$5
	22258312	4/3 – 4/26	Tu/Th	11:00 AM – NOON	ERC-FIT	\$38	\$31	\$5
	22258313	5/1 – 5/31	Tu/Th	11:00 AM – NOON	ERC-FIT	\$49	\$36	\$5
NEW New Session ▶	22258321	3/9 – 3/30	F	8:30 – 9:30 AM	MRC-GYM	\$20	\$16	\$5
Yoga Light 	22258322	4/6 – 6/27	F	8:30 – 9:30 AM	MRC-GYM	\$20	\$16	\$5
	22258323	5/4 – 5/25	F	8:30 – 9:30 AM	MRC-GYM	\$20	\$16	\$5
	22258211	3/2 – 3/30	Tu/F	8:45 – 10:00 AM	MRC-BLRM	\$49	\$40	\$5
NEW Restorative Yoga	22258212	4/3 – 4/27	Tu/F	8:45 – 10:00 AM	MRC-BLRM	\$43	\$35	\$5
	22258213	5/1 – 5/29	Tu/F	8:45 – 10:00 AM	MRC-BLRM	\$49	\$40	\$5
	22258511	3/9 – 3/30	F	12:30 – 1:45 PM	MRC-BLRM	\$33	\$26	
Beginning Tai Chi for Better Balance	22258512	4/6 – 4/27	F	12:30 – 1:45 PM	MRC-BLRM	\$33	\$26	
	22258513	5/4 – 5/25	F	12:30 – 1:45 PM	MRC-BLRM	\$33	\$26	
	22255311	3/20 – 5/24	Tu/Th	2:15 – 3:15 PM	MRC-BLRM	\$91	\$73	
Advanced Tai Chi for Better Balance	22255411	3/20 – 5/24	Tu/Th	1:15 – 2:15 PM	MRC-BLRM	\$91	\$73	
Therapeutic Tai Chi	22255111	3/1 – 3/28	Th	10:00 – 11:00 AM	ERC-AA2	\$34	\$27	
	22255112	4/4 – 4/25	Th	10:00 – 11:00 AM	ERC-AA2	\$28	\$22	
	22255113	5/2 – 5/30	Th	10:00 – 11:00 AM	ERC-AA2	\$34	\$27	



PILATES

Program Administrator: Joyce Musgrove • jmusgrove@englewoodco.gov • 303-762-2680

Free Pilates Reformer Demo

Age: 16 yrs. and older
Explore Pilates! Learn the history, how the Pilates reformer works, mat and reformer exercises and how to get started in our Pilates program. Please register in advance.

Essential Pilates Principles

Age: 16 yrs. and older
Begin with two private sessions to learn the core principles and concepts of the Pilates method. Once you have completed the private sessions satisfactorily, you may move into Beginning Pilates Reformer class and receive a \$10 discount coupon. These two private sessions are a prerequisite for Beginning Pilates Reformer. Call 303-762-2678 to schedule your first private session.
Location: ERC-AA2

Beginning Pilates Reformer

Age: 16 yrs. and older
Pilates is a method of exercise and physical movement designed to stretch, strengthen and balance the body. Exercises are low impact and may be adapted for individuals of any fitness level. The exercises are performed on equipment or a mat. Beginning Pilates Reformer is designed for those who have taken at least two sessions of Essential Pilates Principles.

Continuing Pilates Reformer

Age: 16 yrs. and older
Build upon your experience and learn more dynamic exercises. Enroll in Continuing Pilates Reformer upon completion of four months of Beginning Pilates Reformer.

Pilates Personal Training

Perfect for: beginners needing one-on-one instruction, experienced exercisers ready for advanced moves, athletes wanting to improve performance and individuals in post-rehab following an injury. Each session is 60 minutes. To schedule, call 303-762-2678. Your call will be returned within two business days. Request reformer or mat instruction. Location: ERC-AA2

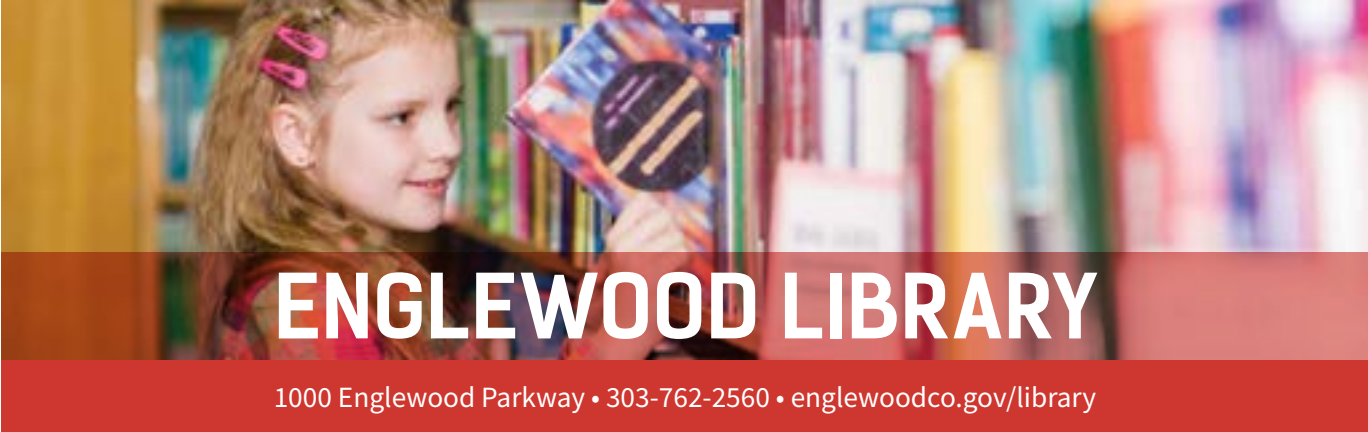
Private: One-on-one		
Fee	1 Sessions	\$53
	3 Sessions	\$145
	6 Sessions	\$273
Res. Fee	1 Sessions	\$42
	3 Sessions	\$116
	6 Sessions	\$218

Semi-Private: 2 people		
Fee	1 Sessions	\$83/group
	3 Sessions	\$216/group
	6 Sessions	\$410/group
Res. Fee	1 Sessions	\$63/group
	3 Sessions	\$173/group
	6 Sessions	\$328/group



Photo: Todd Dobbs

PILATES CLASS LIST								
Class	Activity #	Dates	Days	Times	Instructor	Location	Fee	Res Fee
Free Pilates Reformer Demo	22254211	3/12	M	7:15 – 8:15 PM	Michael D.	MRC-PEAK		FREE
	22254212	3/20	Tu	2:30 – 3:30 PM	Catherine G.	MRC-PEAK		FREE
	22254213	4/9	M	7:15 – 8:15 PM	Michael D.	MRC-PEAK		FREE
	22254214	4/20	F	2:00 – 3:00 PM	Catherine G.	MRC-PEAK		FREE
	22254215	5/14	M	7:15 – 8:15 PM	Michael D.	MRC-PEAK		FREE
	22254216	5/22	Tu	2:30 – 3:30 PM	Catherine G.	MRC-PEAK		FREE
STEP ONE Essential Pilates Principles	22254111					MRC-PEAK	\$83	\$67
STEP TWO Beginning Pilates Reformer	22254311	3/5 – 3/26	M	6:05 – 7:05 PM	Michael D.	MRC-PEAK	\$64	\$51
	22254312	4/2 – 4/30	M	6:05 – 7:05 PM	Michael D.	MRC-PEAK	\$80	\$64
	22254313	5/7 – 5/21	M	6:05 – 7:05 PM	Michael D.	MRC-PEAK	\$49	\$39
	22254321	3/6 – 3/27	Tu	12:10 – 1:10 PM	Catherine G.	MRC-PEAK	\$64	\$51
	22254322	4/3 – 4/24	Tu	12:10 – 1:10 PM	Catherine G.	MRC-PEAK	\$64	\$51
	22254323	5/1 – 5/29	Tu	12:10 – 1:10 PM	Catherine G.	MRC-PEAK	\$80	\$64
NEW New Sessions	22254331	3/9 – 3/30	F	9:45 – 10:45 AM	Catherine G.	MRC-PEAK	\$64	\$51
	22254332	4/6 – 6/27	F	9:45 – 10:45 AM	Catherine G.	MRC-PEAK	\$64	\$51
	22254333	5/4 – 5/25	F	9:45 – 10:45 AM	Catherine G.	MRC-PEAK	\$64	\$51
NEW New Sessions Beginning Senior Age: 50+	22254341	3/6 – 3/27	Tu	1:20 – 2:20 PM	Catherine G.	MRC-PEAK	\$64	\$51
	22254342	4/3 – 4/24	Tu	1:20 – 2:20 PM	Catherine G.	MRC-PEAK	\$64	\$51
	22254343	5/1 – 5/29	Tu	1:20 – 2:20 PM	Catherine G.	MRC-PEAK	\$80	\$64
STEP THREE Continuing Pilates Reformer	22254411	3/5 – 3/26	M	9:00 – 10:00 AM	Catherine G.	MRC-PEAK	\$64	\$51
	22254412	4/2 – 4/30	M	9:00 – 10:00 AM	Catherine G.	MRC-PEAK	\$80	\$64
	22254413	5/7 – 5/21	M	9:00 – 10:00 AM	Catherine G.	MRC-PEAK	\$49	\$39
	22254421	3/5 – 3/26	M	5:00 – 6:00 PM	Michael D.	MRC-PEAK	\$64	\$51
	22254422	4/2 – 4/30	M	5:00 – 6:00 PM	Michael D.	MRC-PEAK	\$80	\$64
	22254423	5/7 – 5/21	M	5:00 – 6:00 PM	Michael D.	MRC-PEAK	\$49	\$39
	22254431	3/7 – 3/28	W	5:30 – 6:30 PM	Michael D.	MRC-PEAK	\$64	\$51
	22254432	4/4 – 4/25	W	5:30 – 6:30 PM	Michael D.	MRC-PEAK	\$64	\$51
	22254433	5/2 – 5/30	W	5:30 – 6:30 PM	Michael D.	MRC-PEAK	\$80	\$64
	22254441	3/9 – 3/30	F	11:00 AM – NOON	Catherine G.	MRC-PEAK	\$64	\$51
	22254442	4/6 – 4/27	F	11:00 AM – NOON	Catherine G.	MRC-PEAK	\$64	\$51
	22254443	5/4 – 5/25	F	11:00 AM – NOON	Catherine G.	MRC-PEAK	\$64	\$51



ENGLEWOOD LIBRARY

1000 Englewood Parkway • 303-762-2560 • englewoodco.gov/library

ADULT/TEEN PROGRAMMING

Computer/Tech Classes

First Saturday of the month, 10:30 AM – NOON

Third Wednesday of the month, 6:30 – 8:00 PM

Basic computer classes covering topics like Computer Basics-Getting Started, eMail 101, eMedia, Microsoft Word, and Smartphones. Please visit the library's website or drop by for details. Public computers are limited, registration required. Feel free to bring your own laptop.

Location: Tech Lab

Open Tech Lab

Mondays & Saturdays, 10:30 AM – NOON

Thursdays, 4:30 – 6:30 PM

Fridays & Sundays, 2:30 – 4:30 PM

Individualized technology assistance available with one of our in-house experts on a public computer or your own device.

Location: Tech Lab

Artist's Reception

Thursday, April 12, 4:00 – 6:00 PM featuring artists from Englewood Public Schools.

Thursday, May 3, 6:30 - 7:30 PM featuring local artist Dennis Behm.

The Englewood Public Library is excited to host a rotating art exhibit that highlights the work of local and regional artists. Come to the featured artist's reception for a chance to talk to the artist and ask questions. All exhibits are free to the public and rotate every other month. All ages welcome.

Location: Reading Circle

French Conversation Circle

First Wednesday of the month, 1:00 – 2:00 PM

Bonjour! Looking for a chance to brush up on your French? We'll gather once a month to practice our French language skills in a supportive, immersive environment. All skill levels are welcome. No registration required.

Location: Altenbach Room

Writers Group

First and third Wednesdays of the month, 6:30 – 8:30 PM

Join our writers group! We meet twice a month for writing discussion and practice with prompts and exercises. All experience levels welcome. For adults. No registration required.

Location: Altenbach Room

Thursday Sundown Book Club

Second Thursday of the month, 6:30 – 8:00 PM

New members are always welcome. Please ask library staff how to acquire a copy of this month's title. For adults. No registration required.

Location: Anderson Room

NEW DAY English Conversation Circle

Second Saturday of the month, 10:30 – 11:30 AM

Let's face it – English can be weird. We're all in this together; please join us for fun conversation in a casual, inclusive atmosphere. Beginning and intermediate English language learners. For adults and teens. No registration required.

Location: Altenbach Room

NEW DAY Conversations Over Coffee

Fourth Wednesday of the month, 10:30 AM – NOON

We have donuts and coffee! If you're currently experiencing homelessness or you're interested in discussing social issues affecting our community, please join us for a warm beverage and a donut. Let's share stories and get to know each other. Open to everyone regardless of housing situation. No registration required.

Location: Altenbach Room

Malley Book Club

Third Thursday of the month at Malley Center Library, 10:30 AM

3/15 *The Underground Railroad* by Colson Whitehead

4/19 *Mister Owita's Guide to Gardening* by Carol Wall

5/17 *The Golden Age* by Joan London

For adults. No registration required.

Location: Malley Recreation Center

Harplanders

Saturday, 3/17, 2:00 – 3:00 PM

Beautiful live performances by the local Colorado Celtic Harp Society. All ages welcome.

Location: Reading Circle

Genealogy: The Beginning

Saturday, 3/17, 10:30 AM– 12:30 PM

Saturday, 3/24, 10:30 AM – 12:30 PM

Want to find out what's in your gene pool? Join genealogy expert Leah Klocek to learn the basics and get started learning about your ancestors. For adults and teens. Registration required.

Location: Altenbach Room

Sit-N-Knit

The final Wednesday of the month, 6:30 – 8:30 PM

Whether you're an expert or don't know how to cast on, this group could be just what you're looking for! Join us for a relaxing evening to build your skills, share your knowledge, and make new friends. For adults and teens. No registration required.

Location: Perrin Room

The Best Thing “IS” Sliced Bread

Saturday, April 21, 2:00 – 3:00 PM

There's nothing quite like the aroma of freshly baked bread. Channel your inner baker and realize your dough-making dreams of making beautiful breads during this bread-making class with local caterer Monica Kadillak. Have you tried but still feel uncomfortable working with yeast? Come learn how to take the mystery out of baking bread at home. We'll discuss all your concerns; you'll be making your own bread in no time! For adults and teens. No registration required.

Board Game Day at the Library

Sunday, March 18, 1:00 – 4:00 PM

Sunday, April 15, 1:00 – 4:00 PM

Sunday, May 13, 1:00 – 4:00 PM

Suffering from the cold-weather, winter blues? Do away with the doldrums. Beat back the boredom. Come and play games at the library! For all ages. No registration required.

Poetry and Prose at the Library

Wednesday, April 18, 6:30 – 8:30 PM

Join the Englewood Library's Writer's Group for our first open mic poetry reading! If you would like to read a poem – either an original work or one by your favorite author – please sign up! Help us celebrate National Poetry Month. This night of verbal verse is open to all, however, some topics maybe sensitive and could contain adult language.

For all ages (PG recommended). Registration required.

Location: Anderson Room

Wednesday Book Club Buzz

Fourth Wednesday of the month, 12:30 – 2:00 PM

New members are always welcome. Please ask library staff how to acquire a copy of this month's title.

For adults. No registration required.

Location: Perrin Room

Colorado: Home on the Range

Saturday, April 28, 2:00 – 3:00 PM

Everyone loves Colorado! Learn about Generation Wild and how to take advantage of the beauty of our own greater backyard and Englewood Public Library's State Park Pass Backpack program.

For all ages.

No registration required.

Location: Anderson Room

CHILDREN'S PROGRAMMING

Join us for special programs tied to STEM, Art, Literacy and Music.

No registration required. For program details, please call 303-762-6960.

For School Age Children:

Thursday After-School

3/1 Th 4:00 PM – Registration Required*

3/15 Th 4:00 PM – Registration Required*

4/5 Th 4:00 PM

4/19 Th 4:00 PM

5/3 Th 4:00 PM

5/17 Th 4:00 PM

*Registration opens 2/12

For Younger Children:

Toddler and Preschool Extra

3/9 Fr 10:30 AM

3/20 Tu 10:30 AM

4/9 M 10:30 AM

4/26 Th 10:30 AM

5/10 Th 10:30 AM

For All Ages:

Spring Break

Need to get the kids out of the house for spring break?

3/26 – 3/30 M – F 1:00 PM

Join us for Regular Saturday Activities.

No registration required.

The Storytime room opens every Saturday at 10:00 AM

for Open Play (1st, 3rd, 5th Saturday) or Legos (2nd, 4th Saturday). For details, please call 303-762-6960.

Join us for Weekday Storytimes.

No registration required. For details, call 303-762-6960.

BABYSTEPS: Wednesdays at 10:30 AM and 2:30 PM

For children up to 18 months

TEETERTOTS: Mondays and Tuesdays at 10:30 AM

For children 18 months to age 3

PRESCHOOL: Thursdays and Fridays at 10:30 AM

For children ages 3 – 5

Join us for our Summer Reading Program.

Registration begins Wednesday May 23

Daily Programs begin Tuesday May 28 at 1:00 PM



EXCURSIONS

Program Administrator: Cheryl Adamson • cadamson@englewoodco.gov • 303-762-2660

Degas, A Passion for Perfection

The Denver Art Museum is displaying the prolific French artist Edgar Degas' works from 1855 to 1906. More than 100 works of paintings, drawings, pastels, etchings and sculptures in bronze will be on view. Fee includes museum, escort, audio guide and transportation. Lunch on your own beforehand at the Denver Biscuit company. Early cancellation 2/15.

3/1 Th 11:00 AM – 3:30 PM \$43/\$35 22061011

Clancy's Irish Pub – Wheat Ridge

Established in 1973, Clancy's is Colorado's oldest Irish Pub serving the greater Denver communities with exceptional food and drinks. Chef Connolly has created a from-scratch restaurant concept, serving traditional Irish fare such as shepherd's pie, fish & chips and bangers & mash. Meal on your own (range \$8 – \$15). Fee includes escort and transportation.

3/13 Tu 10:30 AM – 1:00 PM \$12/\$9 22061012

Blackhawk or Central City

Bus will drop you off and pick you up in the heart of it all. You may choose to visit your favorite casino, visit historic sites, or enjoy the mountain air. Activities are on your own. Fee includes escort and transportation.

3/12 M 9:00 AM – 3:00 PM \$17/\$14 22061013

4/16 M 9:00 AM – 3:00 PM \$17/\$14 22061014

5/14 M 9:00 AM – 3:00 PM \$17/\$14 22061015

Laughter on the 23rd Floor – PACE Center

We are heading to Parker for an afternoon of laughter! Neil Simon, America's most popular playwright, gives a peek into the writer's room of his hit 1950's television show, *Laughter On The 23rd Floor*. He takes an unabashedly self-deprecating (and not-so-fictionalized) look at his early career as a showrunner. True to the characters depicted and the era in which the show takes place, this show has some explicit language and content, for mature audiences only. Fee includes show ticket, escort and transportation.

3/23 F 12:45 – 5:00 PM \$40/\$32 22161016

Bradford Washburn American Mountaineering Museum

Founded in 2008, this is the only museum in the nation dedicated to mountaineering history. Featuring 3,500 feet of space and nestled in Golden, this collection from around the world has over 5,000 pieces of gear, slides, prints, outfits and cultural artifacts. A docent will lead us through the exhibits and answer questions. Videos will be playing to view, too. Brunch beforehand will be at The Golden Diner (\$6 – \$9), on your own. Fee includes tour, escort and transportation.

3/28 W 10:45 AM – 3:45 PM \$24/\$20 22161017

Dazzle Jazz Lunch

Lunch plus a live Jazz Trio, what more could we ask for? Lunch includes your choice of three chef-inspired entrées, soda, coffee, tea, glass of wine or draft beer, plus great live jazz! RTD Senior Ride provides transportation. Event is 11:30 AM – 1:30 PM. Departure time TBA one week prior. Fee includes escort, RTD transportation, performance, meal, drink, tax and gratuity.

3/29 Th 11:00 AM – 2:00 PM \$38/\$31 22161019

Buckhorn Exchange

Denver's oldest restaurant is 125 years old! This National Historic Landmark and Western museum has 500 pieces of taxidermy and the #1 liquor license. Located in the city's oldest neighborhood you can dine on buffalo prime rib, Grandma Fanny's pot roast sandwich and Dutch apple pie à la mode. Transportation via the Englewood Trolley and RTD light rail. Fee includes escort and transportation.

4/5 Th 10:30 AM – 1:15 PM \$12/\$9 22161018

Kiss Me Kate – Candlelight

Cole Porter's Tony Award winning, high-spirited, and romantic musical comedy follows the backstage antics of a touring company performing *The Taming of the Shrew*, featuring two feuding couples, a few gangsters, and some of the best songs ever written; "Another Op'nin,' Another Show," "Too Darn Hot," and "So in Love." A hysterical play-within-a-play where each cast member's on-stage life is complicated by what is happening offstage is sure to keep you laughing. Fee includes lunch, show, gratuity, escort and transportation. Early cancellation: 3/21

4/14 Sa 10:45 AM – 5:15 PM \$89/\$72 22161020

Brunch at Simms Steakhouse – Lakewood

Take in Denver's famous view while enjoying an award-winning all-you-can-eat brunch buffet. Features made-to-order omelets, eggs Benedicts, carving station, peel-and-eat shrimp, pastries and rolls, crème brûlée French toast, salads, biscuits and gravy, breakfast potatoes, fruits, vegetables, bacon and sausage. Buffet on your own, \$19.95, plus drinks, tax and gratuity. Fee includes escort and transportation.

4/22 Su 10:00 AM – 12:30 PM \$14/\$11 22161021



Buckhorn Exchange



Dushanbe Teahouse

Batter Up!

Take me out to the ballgame! Root for the Rockies with us as they take on the San Diego Padres. We will sit along the 3rd baseline. Food and drinks available to purchase at the ballfield. If you need a special needs seat, contact Cheryl. Fee includes game ticket, escort and transportation. Early cancellation date: April 11.

4/25 W 11:30 AM – 5:00 PM \$32/\$26 22161022

A Day in Loveland

First stop of the day is the Loveland Visitor Center. View and shop from more than 25 Loveland artisans and manufacturers. Then walk the grounds of the McWhinney-Hahn Sculpture Park. Second stop is lunch! Experience true Southern comfort food such as gumbo, Po' Boys, crawfish etouffee, beignets. Let us make your day Mo'betta (\$11 – \$18 on your own). Third stop: take a walking tour of historical downtown through the years 1858 to the 1960's. Lastly, relax and learn as the bus travels by the historical homes in town. Trip includes escort and transportation. Note: high amount of walking.

4/30 M 8:45 AM – 5:00 PM \$28/\$22 22161023

Boulder Dushanbe Teahouse

Take a respite from the hectic pace of today's busy world and enjoy a traditional afternoon tea. The lovely tables will be dressed with English-style white linens and teatime accoutrement. A beautiful three-tiered tower of savory pastries, scones, artichoke purses, plus cucumber sandwiches, sweet cakes and the chef's daily special creation all baked fresh for you and presented with a pot of premium tea. Tea is on your own \$22, plus tax and gratuity. Fee includes escort and transportation.

5/3 Th 2:00 – 6:00 PM \$20/\$16 22161024

Hog Haven Farms – Deer Trail

We are heading east to visit the home of more than 80 pigs, including 12 standard breed pigs. We will be educated about the farm (rescue, rehabilitation, volunteers and funding), the pigs and their needs, care, and wonderful personalities. You can bring treats of carrots, cucumbers, lettuce or squash and revel in feeding these amazing animals. Have lunch at Country Burger in Byers on your own. Fee includes tour, escort and transportation.

5/8 Tu 9:45 AM – 3:15 PM \$32/\$26 22161025

Refunds

For all Excursion or Outdoor Adventures, a refund of the activity fee, less a \$5 cancellation charge, will automatically be given if the cancellation occurs 5 business days (M – F) prior to the date of the activity, unless indicated. Some activities have early cancellation dates. If cancellation occurs within 5 working days of the activity, or after the early cancellation date, a refund (minus \$5) will be given only if the space can be filled.

Excursion policies and procedures can be found online and at the Malley Recreation Center.

Cussler Museum & Rheinlander Bakery – Arvada

Climb aboard, car lovers! The Cussler Museum is dedicated to the preservation of astounding rare and vintage automobiles from all over the world. View the collection of over 100 significant automobiles, ranging from 1906 to 1965. A collection started by renowned best-selling author Clive Cussler. On our way home, we will stop by Colorado's best German bakery for a treat, on your own! For over 54 years, the Dimmer family has provided authentic European baked goods and are famous for their strudels, potica, streuselkuchens and bienenstich. Fee includes museum, escort and transportation.

5/17 Th 12:30 – 4:15 PM \$27/\$22 22161026

Flights Wine Café

Experience a great wine selection from around the world and light eats on the patio of this 1870's cozy, casual and relaxing cottage in the quaint town of Morrison. Select wines from the "by the glass" list, share an antipasto/cheese plate, mini sandwiches, yummy flatbreads and assorted cheesecakes. Wine and food on your own. Fee includes escort and transportation.

5/22 Tu 3:45 – 7:00 PM \$14/\$11 22161027

Washing Machine Museum – Eaton

In 2000, Lee Maxwell was awarded the Guinness World Record for the world's largest washing machine collection. Stored at his farm in a 20,000 square foot building decorated to look like an antique laundromat his impressive collection has more than 1,400 antique washing machines dating back to 1840. In addition, an array of refrigerators, butter churns, vacuum cleaners and more. A walk through Lee's beautiful garden center is included. Bring a sack lunch, as we will be stopping at a beautiful community park in Windsor for lunch. Fee includes museum, escort and transportation.

5/25 F 10:30 AM – 5:15 PM \$34/\$27 22161028



Washing Machine Museum

EXTENDED TRAVEL

For information on these and more exciting getaways, pick up flyers at Malley Recreation Center.

COLLETTE 2018

February

Tropical Costa Rica

March

Sunny Portugal

April

Shades of Ireland

May

Discover Washington, D.C.

August

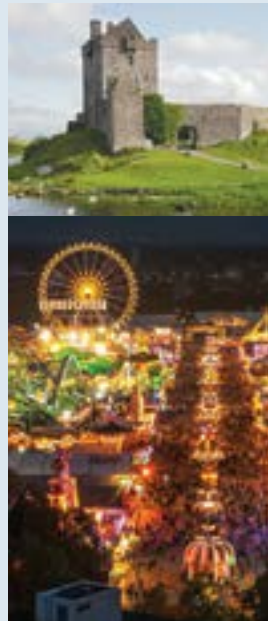
The Best of Eastern Canada

September

Islands of New England

October

Treasures of Northern California



PREMIER WORLD DISCOVERY 2018

February

Discover Panama

March

Historic South

July

Great Canadian Cities

September

Fall Colors and Lighthouses

of the Great Lakes

October

Munich's Oktoberfest and

Danube River Cruise

South Africa Adventure

Cape Cod and the Islands

December

New Orleans Holiday



HAVE SOME FUN IN THE SUN THIS SUMMER!

Englewood Miniature Train

5001 S. Inca Dr. • 303-794-7357

\$2.00 per person

Opens Saturday, 5/26 through Monday, 9/3

Tuesday – Saturday, 10:00 AM – 4:00 PM

Sunday, 11:00 AM – 4:00 PM

Closed Mondays except Memorial Day and Labor Day

All Aboard! Come ride our miniature train and enjoy the views of Belleview Park!



Belleview Children's Farm

5001 S. Inca Dr. • 303-798-6927

\$2.00 per person (under 2 years free)

Opens Saturday, 5/26 through Monday, 9/3

Tuesday – Saturday, 10:00 AM – 4:00 PM

Sunday, 11:00 AM – 4:00 PM

Closed Mondays except Memorial Day and Labor Day

Enjoy getting to know our farm animals! Our farm hosts: rabbits, cows, pigs, goats, chickens, sheep and more. All of our barn animals are loaned to us from area farms and then returned to their owners at the end of summer. Children must be accompanied by an adult at all times. Concessions are available at the farm.



Belleview Children's Farm is looking for some pet animals to come to camp this summer at the Farm. We're looking for a bearded dragon, rat, hedge hog, box turtle, guinea pig and even a chinchilla. Staff will take very good care of your pets. Contact Shelly at sfritz@englewoodco.gov or 303-762-2661.

SPECIAL EVENTS

St. Patrick's Day Lunch

Friday, 3/16, 11:30 AM

Tickets \$8 in advance, \$10 at the door

Wear your green and enjoy an Irish lunch of corned beef and cabbage. Then sit back and enjoy the Irish entertain with their amazing talent. Purchase your ticket at the Malley Front Desk, call 303-762-2660 for Will Call or online at englewoodrec.org. All ticket sales are final.

Location: Malley Recreation Center

Sponsor: AFC Urgent Care



Guest Speaker: Dave Lively

Sisters of Courage

Wednesday, 3/21, 1:30 PM, Tickets \$6

In 1896, Annie and Kittie Harbison homesteaded in the Kawuneeche valley near Grand Lake. Come and enjoy a journey into the past during the 1-hour presentation sharing their pioneer experience through the story of the Harbison sisters and their family's extraordinary life. Learn how the Harbison Ranch became the west entrance to Rocky Mountain National Park. Tickets \$6, purchase at the Malley Front Desk, call 303-762-2660 for Will Call or online at englewoodrec.org.

Location: Malley Recreation Center



Guest Speaker: James Wilkins

Portrayal of Ralph Carr, Colorado Governor

Thursday, 4/26, 10:00 AM, Tickets \$6

Governor Ralph Carr was the type of politician we don't see much of anymore. He was a person who foreswore financial contributions from those seeking political favor. In 1942, Japanese Americans were evicted from the West Coast and resettled in camps, one of those camps located in Colorado. Governor Carr petitioned for racial tolerance and protection of the constitutional rights of the Japanese Americans, which is thought to have cost him his political career. Tickets \$6, purchase at the Malley Front Desk, call 303-762-2660 for Will Call or online at englewoodrec.org.

Location: Malley Recreation Center



The Great Egg Scramble

Saturday, 3/24, 10:00 AM

Donations accepted, 1 – 8 yrs. old

Hop on over and unleash your youngster amongst the candy and prizes at the annual Great Egg Scramble! Children are grouped by age. Please bring your own basket. Gates open at 9:30 AM. In case of inclement weather, call the Activities Hotline at 303-762-2598, ext. 4. Rain or snow date is Saturday, 3/31.

Location: Belleview Park, W. Belleview Ave. & S. Inca Dr.

Active Aging Expo

Thursday, 4/12, 3:00 – 6:00 PM • FREE

Get informed, get active, and get moving at the 4th Annual Active Aging EXPO for seniors, boomers and adults! Meet with more than 70 agencies that provide: nutrition, wellness, health and aging programs, local community services, safety and much more. Demos on art, health and fitness will be shared. Professionals will be on hand to answer your questions and provide you with multitudes of information to take home. Refreshments and prizes included.

Location: Malley Center, 3380 S. Lincoln St., 303-762-2660

CONGRATULATIONS!

12th Annual Art Exhibit "People's Choice" Winners

1st Place – Deivis Barco (Charcoal)

2nd Place – Jerry Walker (Photography)

3rd Place – Lynn Adams-Landon (Acrylic)





The City of Englewood
1000 Englewood Parkway
Englewood, Colorado 80110
303-762-2300
englewoodco.gov

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RECYCLE



Bellevue Park illustrated by Christopher Shaw

C. SHAW